

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 15-15 50 Free							
1	27.75	L S	F	Abigail Kotze	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
2	27.76	L	F	Katherine Williams	15	MDOL JHB	11/01/2025 County Speed Swimming Championships
3	27.85	L	F	Leila Yazbek	15	BLNE MAN	04/12/2024 Free State Champs 2024
4	27.98	L S	F	Bailey Lambert	15	SEAL UMD	05/12/2024 Western Cape LC-A Championship 2024
5	28.11	L	F	Emily Palmer	15	USC BUF	17/08/2024 Madibaz Swim Meet 2024
6	28.59	L	S	Amy Combrink	15	VINE CPT	09/11/2024 Winelands SL4
7	28.72	L S	P	Payton Aitken	15	WSTV ETH	02/07/2024 Prestige Tournament 2024
8	28.79	L	F	Gabriella Van Den Berg	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
9	28.82	L	F	Chanel Veldsman	15	PSCP UMD	15/06/2024 PEA Winter Gala 2024
10	28.83	L	F	Zandri Knoetze	15	INFA NMA	31/01/2025 Infinity Gala 2025
11	28.88	L	F	Sylvie de Bruyn	15	BULS MAN	06/09/2024 Bull Sharks Annual Gala
12	29.05	L	F	Leila Springer	15	SASE JHB	29/11/2024 CGA Championships 2024
13	29.07	L S	F	Leah Markgraaff	15	TUKS TSH	05/12/2024 EGA Summer Championships
14	29.11	L	F	Madison Higgs	15	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
15	29.13	L	F	Shannon Hugo	15	SEAL UMD	28/06/2024 Swim Fort Lauderdale Speedo Summer
16	29.21	L	F	Anja Buitendach	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
17	29.29	L	F	Danielle Grobler	15	BLOT MAN	04/12/2024 Free State Champs 2024
18	29.32	L	F	Danielle Harbron	15	BLOT MAN	04/12/2024 Free State Champs 2024
19	29.39	L	F	Rouxne Du Plessis	15	TUKS TSH	13/12/2024 NMBA Championships 2024
20	29.42	L	P	Lize-Marie Kruger	15	BLNE MAN	04/12/2024 Free State Champs 2024
21	29.44	L S	P	Kaylin Fabricius	15	BARR CPT	05/12/2024 Western Cape LC-A Championship 2024
22	29.47	L	F	Ane Snyders	15	BLSS MAN	04/12/2024 Free State Champs 2024
23	29.50	L S	P	Shi Han Huang	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
24	29.53	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024 CGA Championships 2024
25	29.60	L	F	Blake Morris	15	LINR JHB	10/01/2025 2024 Grand Prix Invitation Swimming
26*	29.61	L S	P	Sydni Adams	15	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
26*	29.61	L S	P	Lilianne Hebler	15	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
28	29.67	L S	F	Casey Bruwer	15	AACTA CPT	21/09/2024 CTA INVITATIONAL LC MEET
29	29.68	L S	P	Ava Newton	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
30	29.69	L	F	Anne Marais	15	TKS WBD	29/11/2024 Limpopo Champs 2024
31	29.70	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024 Limpopo Champs 2024
32	29.74	L	F	Elizabeth Viljoen	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
33	29.79	L	F	Tchisank Banza	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
34	29.85	L	F	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
35	29.87	L	P	Tyra Penn	15	WATR JHB	29/11/2024 CGA Championships 2024
36	29.89	L	F	Carla Dannhauser	15	TKS WBD	29/11/2024 Limpopo Champs 2024
37	29.91	L	F	Jaime Maritz	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
38	29.95	L	F	Ella Lombard	15	TNDER FDD	04/12/2024 Free State Champs 2024
39	29.97	L	P	Addison Doolan	15	AA JHB	29/11/2024 CGA Championships 2024
40	30.00	L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
41*	30.02	L	F	Amy-Lee Jones	15	CA EKU	26/10/2024 Summer 3 Delville
41*	30.02	L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024 CGA Championships 2024
41*	30.02	L	F	Danika Van Zyl	15	FRA KCD	25/01/2025 uShaka Champs 2025
44	30.10	L	F	Lili Annandale	15	BLSS MAN	04/12/2024 Free State Champs 2024
45	30.15	L S	P	Madison Coleman	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
46*	30.16	L	F	Jamie Napier	15	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
46*	30.16	L	F	Mia Groenewald	15	KTS	05/10/2024 FLAMINGO GALA OCT 2024
48	30.20	L	F	Donne Bruyns	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
49*	30.24	L	F	Siobhan Evans	15	CA EKU	12/10/2024 EGA Summer 2
49*	30.24	L	F	Tessa Battheu	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
51	30.26	L	P	Jamie-Lee Graham	15	AA JHB	29/11/2024 CGA Championships 2024
52	30.28	L	F	Keilah-Naomi Holthuis	15	QSAW CED	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
53*	30.30	L S	P	Hannah Burke	15	SLAQ CPT	05/12/2024 Western Cape LC-A Championship 2024
53*	30.30	L	F	Mikayla Hinkley	15	PER JHB	29/11/2024 CGA Championships 2024
55	30.40	L S	P	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
56	30.41	L S	P	Abbigail Kulynych	15	CA EKU	05/12/2024 EGA Summer Championships
57	30.45	L	F	Daniëlla Müller	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
58	30.46	L S	P	Marike Raimond	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
59	30.49 L	F	Anri Van Der Westhuizen	15	BLOT MAN	19/10/2024	Pelicans Gala 2
60	30.52 L	F	Elrike du Plessis	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
61	30.56 L	P	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
62	30.60 L	F	Sulize Henning	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
63	30.64 L	F	Gabriella Boerstra	15	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
64	30.66 L	F	Abigail Pieterse	15	INFA NMA	31/01/2025	Infinity Gala 2025
65	30.67 L	F	Amy O'Connor	15	CRSC JHB	10/01/2025	2024 Grand Prix Invitation Swimming
66	30.72 L	F	Carle Hager	15	ASAW CED	09/11/2024	Winelands SL4
67	30.74 L S	P	Ona-Mari Van Niekerk	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
68	30.79 L	P	Kate-Lynn de Jager	15	BLOT MAN	04/12/2024	Free State Champs 2024
69	30.81 L	F	Zoe Steyn	15	CRSC JHB	22/01/2025	Crusaders Night Gala 2
70	30.82 L	F	Simone Cussons	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
71	30.84 L S	P	Margo Senekal	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
72	30.87 L S	F	Sophia Trout	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
73	30.94 L	P	Catherine O'Grady	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
74	30.98 L	P	Kayla Welgemoed	15	VALS FDD	04/12/2024	Free State Champs 2024
75	31.04 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
76	31.05 L	F	Kate-Lynn Kruger	15	DESA NMA	31/01/2025	Infinity Gala 2025
77	31.09 L	F	Margo Louw	15	QSAW CED	09/11/2024	Winelands SL4
78	31.12 L S	P	Jenna Morris	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
79	31.16 L	F	Payton Groger	15	RSA	04/10/2024	Curro AquaElite Gala
80	31.17 L	F	Mia Vd Merwe	15	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
81	31.22 L	F	Yvonne Pretorius	15	HTSM NG	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
82	31.25 L	P	Emma-Lee Theron	15	BLSS MAN	04/12/2024	Free State Champs 2024
83	31.30 L S	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
84	31.32 L	P	Lara Eckersley	15	AA JHB	29/11/2024	CGA Championships 2024
85	31.35 L	F	Natania Komakech	15	ELEC FSH	10/01/2025	2024 Grand Prix Invitation Swimming
86	31.36 L S	P	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships
87	31.37 L	F	Nicola Carver	15	ELEC FSH	13/09/2024	NTS September Age Group 2024
88	31.38 L S	F	Kristen Burt	15	PSCP UMD	02/07/2024	Prestige Tournament 2024
89	31.47 L	F	Inge Vd Walt	15	DDA FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
90	31.48 L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
91	31.49 L	F	Hannah Du Toit	15	ELEC FSH	13/09/2024	NTS September Age Group 2024
92	31.52 L	F	Cailleigh De Beer	15	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
93	31.63 L S	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
94	31.72 L	F	Leandre De Lange	15	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
95	31.77 L	F	Evelyn Malan	15	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
96	31.82 L S	P	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships
97	31.84 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
98	31.93 L	F	Macayle Eisen	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
99	31.94 L S	F	Emma Hagglund	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024
100	32.00 L	F	Kayla Kleynhans	15	VRC FSH	13/12/2024	NMBA Championships 2024
101	32.01 L S	F	Keona Landman	15	AACTA CPT	02/11/2024	CTA A & B CHAMPS 2024
102	32.06 L S	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
103	32.07 L	F	Ava Strong	15	PEAS NMA	05/10/2024	4th A League Gala 2024
104	32.10 L	F	Chane' Fourie	15	RSA	04/10/2024	Curro AquaElite Gala
105	32.22 L	F	Tatum Topliss	15	CA EKU	12/10/2024	EGA Summer 2
106	32.24 L	F	Ada Barnard	15	SWAR WCD	17/10/2024	43rd Freda Barnard Invitational Gala
107	32.33 L S	P	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships
108	32.34 L	F	Mine Prinsloo	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala
109	32.37 L	F	Megan Webster	15	RFA FSH	18/10/2024	NTS Level 3+ October Age Group 2024
110	32.40 L	F	Abigail Suckling	15	FSE KCD	01/02/2025	KCDA Age Group 4 2024
111	32.45 L	F	Amina Putter	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
112	32.50 L	F	Jessica Davies	15	VIKI BUF	22/11/2024	BCA Long Course Championships 2024
113	32.54 L S	F	Summer Ascielli	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
114	32.59 L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
115	32.60 L	F	Maya McCollum	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
116	32.61 L	F	Kyrah Mack	15	PEAS NMA	31/01/2025	Infinity Gala 2025
117	32.69 L	P	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
118	32.76	L	F	Nieke Engelbrecht	15	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
119	32.77	L	F	Keira-Lize Martins	15	H2O EKU	26/10/2024 Summer 3 Delville
120	32.78	L	F	Roslyn Ramoholi	15	RSA	04/10/2024 Curro AquaElite Gala
121	32.91	L	F	Erin Stead	15	FRA KCD	26/10/2024 Froggies Aquatics Championships 2024
122	32.96	L	F	Megan Horn	15	HFDT MP	08/10/2024 Limpopo Top 8 - High Schools
123	33.01	L	F	Mia Koen	15	BULS MAN	11/10/2024 Otters Prestige Gala 2024
124	33.04	L	F	Leandri Grobler	15	VHD ZLD	11/01/2025 Uthukela District Age Group Gala
125	33.09	L	F	Nina Wessels	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
126	33.12	L	F	Deoné Borstlap	15	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
127	33.13	L	F	Miane Kasselmann	15	RBOT BPD	07/12/2024 NWS Championships 2024
128	33.15	L	F	Ariel De Bruyn	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
129	33.21	L S	F	Jemma Hendricks	15	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
130	33.26	L	F	Lara Janse van Rensburg	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
131	33.33	L	F	Emma Brooks	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
132	33.34	L	F	Rozel Scholtz	15	STELL RMD	23/11/2024 NWS Age Group 3 + 4 2024
133	33.40	L	F	McKenzie Jones	15	ESTR EKU	26/10/2024 Summer 3 Delville
134	33.43	L S	F	Erin Olivier	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
135	33.44	L	P	Cala Welgemoed	15	VALS FDD	04/12/2024 Free State Champs 2024
136	33.46	L	F	Oratile Matli	15	ESTR EKU	12/10/2024 EGA Summer 2
137	33.54	L	F	Rachel Henley	15	ESTR EKU	12/10/2024 EGA Summer 2
138	33.55	L	F	Elandri Du Randt	15	BETH FDD	15/11/2024 Valsrivier Gala 2024
139	33.62	L	F	Hannah Struwig	15	AQUA JTD	07/12/2024 Uthukela District Age Group Gala
140	33.74	L	F	Sulize Kruger	15	AA JHB	10/01/2025 2024 Grand Prix Invitation Swimming
141	33.76	L	F	Bianke Von Schlichting	15	PRA GSD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
142	33.81	L	P	Izabella Alevras	15	CRSC JHB	29/11/2024 CGA Championships 2024
143	33.82	L S	P	Christé Franck	15	JAQ EKU	05/12/2024 EGA Summer Championships
144	33.94	L	F	Kiara Storm	15	USH KCD	09/11/2024 KCDA Age Goup 2 2024
145	34.08	L S	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
146	34.10	L S	P	Gabriella Baillie	15	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
147	34.17	L	P	Jesse Kirsten	15	BLOT MAN	04/12/2024 Free State Champs 2024
148	34.19	L S	F	Storme Badenhorst	15	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
149	34.25	L	P	Larissa Bouwer	15	DORE JHB	29/11/2024 CGA Championships 2024
150	34.45	L	F	Keone Molapo	15	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
151	34.49	L	F	Megan Van den Heever	15	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
152	34.63	L	F	Leila Van Zyl	15	RSA	04/10/2024 Curro AquaElite Gala
153	34.75	L	F	Melandri Vermaak	15	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
154	34.76	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024 CGA Championships 2024
155	34.79	L S	F	Alea Du Toit	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
156	34.87	L	P	Sian Kleynhans	15	FISH EDD	15/06/2024 PEA Winter Gala 2024
157	34.99	L S	P	Isabelle Botha	15	PGAC EKU	05/12/2024 EGA Summer Championships
158	35.04	L S	F	Delise Malenza	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
159	35.08	L	F	Mia Pienaar	15	BULS MAN	11/10/2024 Otters Prestige Gala 2024
160*	35.21	L	F	Mia Lea Osbourne	15	UPC EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
160*	35.21	L	F	Samara Prinsloo	15	STSC KCD	25/01/2025 uShaka Champs 2025
162	35.27	L	F	Jani Visagie	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
163	35.30	L	P	Alexah Furman	15	RACE JHB	29/11/2024 CGA Championships 2024
164	35.43	L	F	Anchei Louw	15	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
165	35.45	L S	F	Imaan Velloo	15	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
166	35.65	L	F	Nicole Senekal	15	TKS WBD	29/11/2024 Limpopo Champs 2024
167	35.80	L S	F	Zephani Adams	15	WEST CPT	21/09/2024 CTA INVITATIONAL LC MEET
168	35.83	L	F	Alivia Ferreira	15	PENC EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
169	35.94	L	F	Talita Wessels	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
170	35.97	L	F	Xanri Muller	15	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
171	36.01	L S	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024 EGA Summer Championships
172	36.04	L	F	Klara Groenewald	15	PRA GSD	25/01/2025 uShaka Champs 2025
173*	36.43	L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024 NWS Championships 2024
173*	36.43	L S	P	Sandisiwe Mkhathshwa	15	MAKO EKU	05/12/2024 EGA Summer Championships
175	36.50	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
176	36.53	L	F	Moya Felix	15	UPC EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	36.58 L	F	Taylor Hulley	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
178	36.90 L	F	Chandre Cloete	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
179	36.93 L	F	Callen Campbell	15	MARL CPT	09/11/2024	Swartland Prestige Gala 2024
180	36.95 L	F	Yovanka Malan	15	BETH FDD	25/10/2024	Neptunes Gala
181	36.98 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
182	37.17 L	F	Holly McHugh	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
183	37.22 L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024	CGA Championships 2024
184	37.46 L	F	Michaela Mohle	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
185	37.59 L	F	Ilze Olley	15	ACAQ CCD	29/11/2024	Limpopo Champs 2024
186	37.73 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
187	37.74 L	F	Jessica Dos Santos	15	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
188	37.97 L S	P	Karabo Malinga	15	USHAK EKU	05/12/2024	EGA Summer Championships
189	37.99 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
190	38.21 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
191	38.33 L	F	Arnei Louw	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
192	38.36 L	F	Ilne Bruwer	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala
193	38.49 L	F	Elizabeth Coetzee	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
194	38.84 L	F	Simoné Bronkhorst	15	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
195	38.99 L S	P	Celia Carpinteiro	15	CA EKU	05/12/2024	EGA Summer Championships
196	39.01 L S	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
197	39.23 L	P	Johanika Groenewald	15	UNI U EZD	29/11/2024	Mpumalanga Championships 2024
198	39.24 L	F	Atlegang Mogotsi	15	ESTR EKU	12/10/2024	EGA Summer 2
199	39.36 L	F	Lida Gerber	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
200	39.55 L	F	Isabel Landman	15	NWUC KKD	23/11/2024	NWS Age Group 3 + 4 2024
201	39.87 L S	F	Layla Isaacs	15	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
202	40.02 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
203	40.41 L	F	Rebecca Eybers	15	CUR EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
204*	40.59 L	F	Hannah Coert	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
204*	40.59 L	F	Lisakhanya Letloloane	15	NGU TSH	13/09/2024	NTS September Age Group 2024
206	41.11 L	F	Candace Van Der Merwe	15	MHS NGD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
207	41.34 L S	P	Yamahubi Radebe	15	PSCP UMD	02/07/2024	Prestige Tournament 2024
208	41.37 L	F	Leila Visser	15	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
209	41.63 L	F	Dheeya Patel	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
210	41.81 L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
211	43.15 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
212	43.61 L	F	Bokang Seheri	15	USHAK EKU	12/10/2024	EGA Summer 2
213	45.81 L	F	Reabetswe Nkosi	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
214	46.03 L	F	Cheyenne Wilson	15	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
215	46.62 L	F	Mika Janse Van Rensburg	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
216	54.70 L S	P	Jo-Anne van Dyk	15	JAQ EKU	05/12/2024	EGA Summer Championships
217	1:00.96 L	F	Abongile Glomane	15	HSS MP	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
Women 15-15 100 Free							
1	59.30 L	F	Abigail Kotze	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	59.83 L	F	Bailey Lambert	15	SEAL UMD	20/06/2024	2024 Shark Open
3	1:00.43 L	F	Emily Palmer	15	USC BUF	17/08/2024	Madibaz Swim Meet 2024
4	1:01.22 L	P	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024
5	1:01.52 L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024	EGA Summer Championships
6	1:01.72 L	F	Katherine Williams	15	MDOL JHB	05/05/2024	SESE LC Champs 2024
7	1:01.97 L	F	Anja Buitendach	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
8	1:02.26 L	F	Rouxne Du Plessis	15	TUKS TSH	13/12/2024	NMBA Championships 2024
9	1:02.43 L	F	Zandri Knoetze	15	INFA NMA	13/12/2024	NMBA Championships 2024
10	1:02.52 L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
11	1:02.92 L	F	Shannon Hugo	15	SEAL UMD	20/06/2024	2024 Shark Open
12	1:02.96 L	F	Shi Han Huang	15	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
13	1:03.11 L	P	Annebel Stewart	15	AZON ETH	02/07/2024	Prestige Tournament 2024
14	1:03.28 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
15	1:03.49 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
16	1:03.69 L	F	Payton Aitken	15	WSTV ETH	02/07/2024	Prestige Tournament 2024
17	1:03.77 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	1:04.05	L	P	Lilianne Hebler	15	QSAW	GED 05/12/2024 Western Cape LC-A Championship 2024
19	1:04.18	L	F	Gianna Collard	15	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
20	1:04.21	L	F	Sylvie de Bruyn	15	BULS	MAN 11/10/2024 Otters Prestige Gala 2024
21	1:04.35	L	F	Danielle Harbron	15	BLOT	MAN 11/10/2024 Otters Prestige Gala 2024
22	1:04.72	L	F	Jaime Maritz	15	CSA	EZD 14/09/2024 MP SPRINT GALA 14 SEPTEMBER
23	1:04.74	L	P	Tatum Dace	15	PEAS	NMA 15/06/2024 PEA Winter Gala 2024
24	1:04.91	L	F	Isabella Bruyns	15	MDOL	JHB 29/11/2024 CGA Championships 2024
25	1:04.96	L	F	Danika Van Zyl	15	FRA	KCD 25/01/2025 uShaka Champs 2025
26	1:04.98	L	F	Jodi Boettger	15	USC	BUF 13/12/2024 NMBA Championships 2024
27	1:05.03	L	P	Amy Combrink	15	VINE	CPT 05/12/2024 Western Cape LC-A Championship 2024
28	1:05.14	L	F	Carla Dannhauser	15	TKS	WBD 29/11/2024 Limpopo Champs 2024
29	1:05.28	L	F	Lize-Marie Kruger	15	BLNE	MAN 15/06/2024 PEA Winter Gala 2024
30	1:05.39	L	P	Tyra Penn	15	WATR	JHB 29/11/2024 CGA Championships 2024
31	1:05.48	L	P	Kaylin Fabricius	15	BARR	CPT 05/12/2024 Western Cape LC-A Championship 2024
32	1:05.49	L	P	Keilah-Naomi Holthuis	15	QSAW	GED 05/12/2024 Western Cape LC-A Championship 2024
33*	1:05.52	L	F	Donne Bruyns	15	CSA	EZD 29/11/2024 Mpumalanga Championships 2024
33*	1:05.52	L	F	Stacey Smith	15	PAC	FSH 13/09/2024 NTS September Age Group 2024
35	1:05.62	L	P	Marike Raimond	15	TYGE	CPT 05/12/2024 Western Cape LC-A Championship 2024
36	1:05.69	L	F	Anri Van Der Westhuizen	15	BLOT	MAN 04/12/2024 Free State Champs 2024
37	1:05.75	L	F	Stephanie Dannhauser	15	HPP	BUF 01/02/2025 Limpopo School Champs & Limpopo AG
38	1:05.79	L	P	Emma Pinheiro	15	CRSC	JHB 29/11/2024 CGA Championships 2024
39	1:05.83	L	F	Danielle Grobler	15	BLOT	MAN 04/12/2024 Free State Champs 2024
40	1:05.88	L	P	Margo Senekal	15	TYGE	CPT 05/12/2024 Western Cape LC-A Championship 2024
41	1:06.06	L	P	Hannah Burke	15	SLAQ	CPT 05/12/2024 Western Cape LC-A Championship 2024
42	1:06.12	L	F	Kate-Lynn de Jager	15	BLOT	MAN 25/10/2024 Neptunes Gala
43	1:06.18	L	F	Mia Groenewald	15	NC	FB 25/01/2025 4+1 INTERPROVINCIAL GALA 2025
44*	1:06.20	L	F	Ava Newton	15	CASC	CPT 17/10/2024 43rd Freda Barnard Invitational Gala
44*	1:06.20	L	F	Tchisank Banza	15	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
46	1:06.22	L	F	Caileigh De Beer	15	BLOT	MAN 04/12/2024 Free State Champs 2024
47	1:06.23	L	F	Amy-Lee Jones	15	CA	EKU 01/02/2025 EGA Last Chance Gala
48	1:06.24	L	F	Catherine O'Grady	15	UNI	EZD 29/11/2024 Mpumalanga Championships 2024
49	1:06.27	L	F	Mila De Souza	15	EXP	FSH 13/09/2024 NTS September Age Group 2024
50	1:06.33	L	P	Sydni Adams	15	VINE	CPT 05/12/2024 Western Cape LC-A Championship 2024
51	1:06.38	L	P	Ava-Loren Van Galen	15	STAQ	GED 05/12/2024 Western Cape LC-A Championship 2024
52	1:06.41	L	F	Milla Hulse	15	AZON	ETH 02/07/2024 Prestige Tournament 2024
53	1:06.52	L	F	Kerrigan Hayes	15	CASC	CPT 02/11/2024 CTA A & B CHAMPS 2024
54	1:06.57	L	P	Jamie-Lee Graham	15	AA	JHB 29/11/2024 CGA Championships 2024
55	1:06.64	L	F	Ella Lombard	15	TNDER	FDD 04/12/2024 Free State Champs 2024
56	1:06.66	L	F	Abbigail Kulynych	15	CA	EKU 01/02/2025 EGA Last Chance Gala
57	1:06.68	L	F	Anja Volschenk	15	BLSS	MAN 04/12/2024 Free State Champs 2024
58	1:06.71	L	F	Shanna-Leigh Zeelie	15	BLMA	CPT 17/10/2024 43rd Freda Barnard Invitational Gala
59	1:06.72	L	F	Marne' Van Rensburg	15	BLSS	MAN 04/12/2024 Free State Champs 2024
60	1:06.84	L	F	Amy O'Connor	15	CRSC	JHB 10/01/2025 2024 Grand Prix Invitation Swimming
61	1:06.87	L	F	Natania Komakech	15	ELEC	FSH 10/01/2025 2024 Grand Prix Invitation Swimming
62	1:07.20	L	F	Madison Coleman	15	BLMA	CPT 17/10/2024 43rd Freda Barnard Invitational Gala
63	1:07.39	L	F	Casey Bruwer	15	AACTA	CPT 07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
64	1:07.48	L	F	Gabriella Boerstra	15	TUKS	FSH 18/10/2024 NTS Level 3+ October Age Group 2024
65	1:07.75	L	F	Yvonne Pretorius	15	MSC	NGD 11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
66	1:07.80	L	P	Sam Juries	15	TGA	WCD 05/12/2024 Western Cape LC-A Championship 2024
67	1:07.97	L	P	Emma-Lee Theron	15	BLSS	MAN 04/12/2024 Free State Champs 2024
68	1:07.99	L	F	Carle Hager	15	ASAW	GED 09/11/2024 Winelands SL4
69	1:08.12	L	F	Abigail Pieterse	15	INFA	NMA 14/09/2024 3rd A League Gala 2024
70	1:08.19	L	F	Ona-Mari Van Niekerk	15	FISH	EDD 17/10/2024 43rd Freda Barnard Invitational Gala
71	1:08.27	L	F	Rebecca Froneman	15	STSC	KCD 09/11/2024 KCDA Age Goup 2 2024
72	1:08.28	L	F	Jamie Napier	15	ELEC	FSH 11/10/2024 NTS Level 1+2 October Age Group 2024
73	1:08.29	L	F	Anne Marais	15	TKS	WBD 29/11/2024 Limpopo Champs 2024
74	1:08.33	L	P	Tatum Topliss	15	CA	EKU 05/12/2024 EGA Summer Championships
75	1:08.36	L	F	Alexa Basso	15	CA	EKU 12/10/2024 EGA Summer 2
76	1:08.37	L	P	Mikayla Hinkley	15	PER	JHB 29/11/2024 CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
77	1:08.50	L	F	Lili Annandale	15	BLSS MAN	02/11/2024 Heidedal
78	1:08.51	L	F	Sophia Trout	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
79	1:08.58	L	F	Mi-Ly Vd Merwe	15	LALE CED	09/11/2024 Winelands SL4
80	1:08.60	L	F	Abigail Blake	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
81	1:08.68	L	F	Payton Groger	15	RSA	04/10/2024 Curro AquaElite Gala
82	1:08.69	L	F	Caitlin Camacho	15	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
83	1:08.70	L	P	Eva Dal Cin	15	AA JHB	29/11/2024 CGA Championships 2024
84	1:08.88	L	F	Amy Hartung	15	ASAC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
85	1:09.01	L	F	Mia Vd Merwe	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
86	1:09.18	L	F	Kate-Lynn Kruger	15	DESA NMA	31/01/2025 Infinity Gala 2025
87	1:09.28	L	P	Addison Doolan	15	AA JHB	29/11/2024 CGA Championships 2024
88	1:09.29	L	F	Jessica Stedall	15	WWOL TSH	18/10/2024 NTS Level 3+ October Age Group 2024
89	1:09.32	L	F	Zoe Steyn	15	CRSC JHB	09/11/2024 NWS Age Group 1 & 2 2024
90	1:09.46	L	F	Simone Cussons	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
91	1:09.48	L	F	Emma Hagglund	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
92	1:09.49	L	F	Inge Vd Walt	15	DDA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
93	1:09.51	L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
94	1:09.59	L	F	Siobhan Evans	15	CA EKU	12/10/2024 EGA Summer 2
95	1:09.68	L	F	Nicola Carver	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
96	1:09.77	L	F	Lara Janse van Rensburg	15	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
97	1:09.81	L	F	Roslyn Ramoholi	15	RSA	04/10/2024 Curro AquaElite Gala
98	1:09.84	L	P	Ava Strong	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
99	1:09.93	L	F	Rozaan Korff	15	ACAQ CCD	29/11/2024 Limpopo Champs 2024
100	1:10.22	L	F	Almi Geysler	15	LALE CED	21/09/2024 CTA INVITATIONAL LC MEET
101	1:10.26	L	P	Macayle Eisen	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
102	1:10.29	L	P	Lara Eckersley	15	AA JHB	29/11/2024 CGA Championships 2024
103*	1:10.42	L	F	Tamlyn Kew	15	EXP TSH	13/09/2024 NTS September Age Group 2024
103*	1:10.42	L	F	Elrike du Plessis	15	HREF BPD	07/12/2024 NWS Championships 2024
105	1:10.48	L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
106	1:10.55	L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024 EGA Summer Championships
107	1:10.59	L	F	Amy Jackson	15	TCA EKU	12/10/2024 EGA Summer 2
108	1:10.72	L	P	Ada Barnard	15	SWAR WCD	05/12/2024 Western Cape LC-A Championship 2024
109*	1:10.81	L	F	Katey Nel	15	SOUL EKU	12/10/2024 EGA Summer 2
109*	1:10.81	L	F	Zianè Jantzen	15	QUIC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
111	1:10.88	L	F	Jessica Davies	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
112	1:11.27	L S	F	Mikayla Frösler	15	PEAS NMA	17/01/2025 6th A League Gala 2025
113	1:11.29	L	F	Tara Saint	15	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
114	1:11.48	L	P	Kristen Burt	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
115	1:11.55	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
116	1:11.58	L	F	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
117	1:11.65	L	F	Micke Prinsloo	15	HPP BUF	01/02/2025 Limpopo School Champs & Limpopo AG
118	1:11.80	L	F	Keona Landman	15	AACTA CPT	02/11/2024 CTA A & B CHAMPS 2024
119	1:11.84	L	F	Esmarie Terblanche	15	HTSA CPT	21/09/2024 CTA INVITATIONAL LC MEET
120	1:12.10	L	F	Chane' Fourie	15	RSA	04/10/2024 Curro AquaElite Gala
121	1:12.13	L	F	Lara Wink	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
122	1:12.30	L	F	Deoné Borstlap	15	POTC KKD	07/12/2024 NWS Championships 2024
123	1:12.31	L	F	Storme Badenhorst	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
124	1:12.32	L	F	Aliyah De Oliveira	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
125	1:12.48	L	F	Line Brits	15	HMER MP	08/10/2024 Limpopo Top 8 - High Schools
126	1:12.58	L	F	Maya McCollum	15	AQDO CPT	02/11/2024 CTA A & B CHAMPS 2024
127	1:12.60	L	P	Izabella Alevras	15	CRSC JHB	29/11/2024 CGA Championships 2024
128	1:12.61	L	P	Diane Munro	15	BLSS MAN	04/12/2024 Free State Champs 2024
129	1:12.71	L	P	Liane' de Wet	15	BLOT MAN	04/12/2024 Free State Champs 2024
130	1:12.98	L	F	Emma Barnard	15	EVO CPT	09/11/2024 Swartland Prestige Gala 2024
131	1:13.02	L	F	Erin Stead	15	FRA KCD	07/12/2024 Stingrays Champs 2024
132	1:13.04	L	F	Jemma Hendricks	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
133	1:13.06	L	F	Emma Brooks	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
134	1:13.16	L	F	Ilanze du Plessis	15	BLSS MAN	13/09/2024 Pelicans Age Group Gala
135	1:13.17	L	F	Megan Webster	15	RFA TSH	01/02/2025 EGA Last Chance Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
136	1:13.24	L	F	Jessica Davies	15	VIKI BUF	22/11/2024	BCA Long Course Championships 2024
137	1:13.27	L	F	Sian Kleynhans	15	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
138	1:13.29	L	F	Simone' Pretorius	15	BETH FDD	25/10/2024	Neptunes Gala
139	1:13.53	L	F	Kganya Mashigo	15	PAC TSH	13/09/2024	NTS September Age Group 2024
140	1:13.57	L	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024	CTA INVITATIONAL LC MEET
141	1:13.69	L	F	Hannah Du Toit	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
142	1:13.77	L	F	Carmen Stapelberg	15	TINC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
143	1:13.81	L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
144	1:13.90	L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
145	1:13.92	L	F	Jesse Kirsten	15	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
146	1:14.06	L	F	Elandri Du Randt	15	BETH FDD	15/11/2024	Valsrivier Gala 2024
147	1:14.23	L	F	Tylah Johannes	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
148	1:14.25	L	F	Megan Horn	15	SS MPD	29/11/2024	Limpopo Champs 2024
149	1:14.78	L	P	Ariel De Bruyn	15	GSA EZD	29/11/2024	Mpumalanga Championships 2024
150	1:14.86	L	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
151	1:14.89	L	F	Erin Olivier	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
152	1:14.90	L	F	Keira-Lize Martins	15	H2O EKU	12/10/2024	EGA Summer 2
153	1:15.11	L	F	Megan Van den Heever	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
154	1:15.56	L	F	Riley Koegelenberg	15	LALE CED	09/11/2024	Winelands SL4
155	1:15.65	L	P	Oratile Matti	15	ESTR EKU	05/12/2024	EGA Summer Championships
156	1:15.77	L	F	Leila Van Zyl	15	RSA	04/10/2024	Curro AquaElite Gala
157	1:15.89	L	F	Sulize Kruger	15	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming
158	1:15.99	L	P	Larissa Boucher	15	DORE JHB	29/11/2024	CGA Championships 2024
159	1:16.27	L	F	Abigail Suckling	15	FSE KCD	25/01/2025	uShaka Champs 2025
160*	1:16.29	L	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024	EGA Summer Championships
160*	1:16.29	L	F	Rachel Henley	15	ESTR EKU	12/10/2024	EGA Summer 2
162	1:16.31	L	F	Bianke Von Schlichting	15	PRA GSD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
163	1:16.39	L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
164	1:16.46	L	F	Imaan Velloo	15	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
165	1:16.52	L	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
166	1:16.60	L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
167	1:17.00	L	F	Rozel Scholtz	15	STELL RMD	09/11/2024	NWS Age Group 1 & 2 2024
168	1:17.04	L	F	Nina Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
169	1:17.18	L	P	Whitney Lauf	15	MDOL JHB	29/11/2024	CGA Championships 2024
170	1:17.22	L	P	Isabelle Botha	15	PGAC EKU	05/12/2024	EGA Summer Championships
171	1:17.68	L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
172	1:18.01	L	F	Alea Du Toit	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
173	1:18.13	L	F	Mia Crookham	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
174	1:18.32	L	F	Mia Koen	15	BULS MAN	11/10/2024	Otters Prestige Gala 2024
175	1:18.39	L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024
176	1:18.49	L	F	Klara Groenewald	15	PRA GSD	25/01/2025	uShaka Champs 2025
177	1:18.55	L	F	Zephani Adams	15	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
178	1:18.87	L	F	Gabriella Baillie	15	FISH EDD	02/11/2024	EDEN 2nd A-League Gala 2024 Schools
179	1:19.25	L	F	Samara Prinsloo	15	STSC KCD	07/12/2024	Stingrays Champs 2024
180	1:19.28	L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
181	1:19.59	L	P	Mia Pienaar	15	BULS MAN	04/12/2024	Free State Champs 2024
182	1:19.62	L	F	Callen Campbell	15	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
183	1:19.75	L	F	Hannah Struwig	15	AQUA UTD	12/10/2024	Uthukela District Age Group Gala
184	1:20.23	L	F	Keone Molapo	15	RFA TSH	13/09/2024	NTS September Age Group 2024
185	1:20.78	L	F	Kiara Storm	15	USH KCD	25/01/2025	uShaka Champs 2025
186	1:21.61	L	F	Yovanka Malan	15	BETH FDD	25/10/2024	Neptunes Gala
187	1:21.65	L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
188	1:21.71	L	F	Holly McHugh	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
189	1:21.82	L	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024	EGA Summer Championships
190	1:22.21	L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
191	1:22.25	L	F	Anchei Louw	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
192	1:23.43	L	F	Emmah Myburgh	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
193	1:23.76	L	P	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
194	1:26.06	L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
195	1:26.08	L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025 uShaka Champs 2025
196	1:26.42	L	P	Celia Carpinteiro	15	CA EKU	05/12/2024 EGA Summer Championships
197	1:26.94	L	F	Imke Botha	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
198	1:27.16	L	F	Ilze Olley	15	ACAAQ CCD	29/11/2024 Limpopo Champs 2024
199	1:27.35	L	F	Hannah Myburgh	15	AQDO CPT	02/11/2024 CTA A & B CHAMPS 2024
200	1:27.85	L	F	Isabel Landman	15	NWUC KKD	07/12/2024 NWS Championships 2024
201	1:28.83	L	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
202	1:29.68	L	F	Bohlale Khahledi	15	BARR CPT	09/11/2024 Swartland Prestige Gala 2024
203	1:30.07	L	P	Karabo Malinga	15	USHAK EKU	05/12/2024 EGA Summer Championships
204	1:30.18	L	F	Ilne Bruwer	15	BLSS MAN	25/10/2024 Neptunes Gala
205	1:30.70	L	F	Atlegang Mogotsi	15	ESTR EKU	12/10/2024 EGA Summer 2
206	1:31.77	L	F	Jessica Bennett	15	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
207	1:32.04	L	F	Simoné Bronkhorst	15	AGAQ OBD	17/10/2024 43rd Freda Barnard Invitational Gala
208	1:33.43	L	F	Chloe Venter	15	RBUR BPD	23/11/2024 NWS Age Group 3 + 4 2024
209	1:33.74	L	P	Yamahlabi Radebe	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
210	1:33.88	L	F	Johanika Groenewald	15	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
211	1:34.44	L	F	Safiya Ismail	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
212	1:36.01	L	F	Layla Isaacs	15	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
213	1:37.80	L	F	Lisakhanya Letloloane	15	NGU FSH	13/09/2024 NTS September Age Group 2024
214	1:39.75	L	F	Leila Visser	15	FAAC	19/10/2024 NCASA AGE GROUP 1 KBY 2024
215	1:46.40	L	F	Bokang Seheri	15	USHAK EKU	12/10/2024 EGA Summer 2
216	1:48.77	L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024 NWS Age Group 1 & 2 2024
217	2:02.16	L	P	Jo-Anne van Dyk	15	JAQ EKU	05/12/2024 EGA Summer Championships
Women 15-15 200 Free							
1	2:10.01	L	F	Katherine Williams	15	MDOL JHB	11/01/2025 County Speed Swimming Championships
2	2:10.09	L	P	Abigail Kotze	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
3	2:10.38	L	F	Bailey Lambert	15	SEAL UMD	28/06/2024 Swim Fort Lauderdale Speedo Summer
4	2:10.97	L	F	Emily Palmer	15	USC BUF	13/12/2024 NMBA Championships 2024
5	2:12.18	L S	F	Leah Markgraaff	15	TUKS FSH	05/12/2024 EGA Summer Championships
6	2:13.18	L	F	Annebel Stewart	15	RSA	04/10/2024 Curro AquaElite Gala
7	2:14.70	L	F	Rouxne Du Plessis	15	TUKS FSH	13/12/2024 NMBA Championships 2024
8	2:14.79	L	F	Blake Morris	15	LINR JHB	29/11/2024 CGA Championships 2024
9	2:15.29	L	F	Anja Buitendach	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
10	2:16.19	L	P	Leila Yazbek	15	BLNE MAN	04/12/2024 Free State Champs 2024
11	2:17.12	L	F	Zandri Knoetze	15	INFA NMA	13/12/2024 NMBA Championships 2024
12	2:17.64	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024 CGA Championships 2024
13	2:17.83	L	F	Shannon Hugo	15	SEAL UMD	28/06/2024 Swim Fort Lauderdale Speedo Summer
14	2:17.98	L	F	Amy-Lee Jones	15	CA EKU	01/02/2025 EGA Last Chance Gala
15	2:18.40	L	F	Shi Han Huang	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
16	2:18.42	L	F	Kate-Lynn de Jager	15	BLOT MAN	04/12/2024 Free State Champs 2024
17	2:19.97	L	F	Daniëlla Müller	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
18	2:20.68	L	F	Donne Bruyns	15	CSA EZD	29/11/2024 Mpumalanga Championships 2024
19	2:20.76	L	F	Lize-Marie Kruger	15	BLNE MAN	04/12/2024 Free State Champs 2024
20	2:20.97	L	F	Ane Snyders	15	BLSS MAN	04/12/2024 Free State Champs 2024
21	2:21.56	L	P	Marike Raimond	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
22	2:21.63	L	P	Ava Newton	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
23	2:21.94	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
24	2:22.53	L	F	Danielle Grobler	15	BLOT MAN	04/12/2024 Free State Champs 2024
25	2:22.58	L S	P	Gabriella Boerstra	15	TUKS FSH	05/12/2024 EGA Summer Championships
26	2:22.65	L	F	Tatum Dace	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
27	2:23.30	L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
28	2:23.41	L	F	Jaime Roome	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
29	2:23.50	L	F	Mia Groenewald	15	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
30	2:23.64	L	P	Danielle Harbron	15	BLOT MAN	04/12/2024 Free State Champs 2024
31	2:23.78	L	F	Abbigail Kulynych	15	CA EKU	01/02/2025 EGA Last Chance Gala
32	2:24.09	L	P	Margo Senekal	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
33	2:24.12	L	P	Keilah-Naomi Holthuis	15	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
34*	2:24.13	L	P	Hannah Burke	15	SLAQ CPT	05/12/2024 Western Cape LC-A Championship 2024
34*	2:24.13	L	F	Payton Aitken	15	WSTV ETH	25/01/2025 uShaka Champs 2025

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
36	2:24.51	L	F	Danika Van Zyl	15	FRA KCD	01/02/2025 KCDA Age Group 4 2024
37	2:24.67	L	F	Lyla vd Spuy	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
38	2:24.86	L	P	Amy Hartung	15	ASAC CPT	05/12/2024 Western Cape LC-A Championship 2024
39	2:25.17	L	P	Abigail Blake	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
40	2:25.35	L	P	Sam Juries	15	TGA WCD	05/12/2024 Western Cape LC-A Championship 2024
41	2:25.56	L	F	Gianna Collard	15	TUKS FSH	13/09/2024 NTS September Age Group 2024
42	2:25.57	L	F	Amy O'Connor	15	CRSC JHB	20/11/2024 Crusaders Night Gala 1
43	2:25.58	L	F	Tyra Penn	15	WATR JHB	31/01/2025 Infinity Gala 2025
44	2:25.69	L	F	Rozaan Korff	15	ACAQ CCD	29/11/2024 Limpopo Champs 2024
45	2:25.79	L	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024 Free State Champs 2024
46	2:26.10	L	F	Jodi Boettger	15	USC BUF	13/07/2024 1st A League Gala 2024
47	2:26.14	L	F	Zuri Tome	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
48	2:26.18	L	F	Simone Cussons	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
49	2:26.23	L	F	Carla Dannhauser	15	TKS WBD	29/11/2024 Limpopo Champs 2024
50	2:26.70	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024 Limpopo Champs 2024
51	2:27.01	L	F	Zine Mostert	15	WATR JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
52	2:27.41	L	F	Caileigh De Beer	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
53	2:27.45	L	F	Tchisank Banza	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
54	2:27.48	L	F	Tatum Topliss	15	CA EKU	18/01/2025 EGA Summer 5
55	2:27.61	L	F	Jamie-Lee Graham	15	AA JHB	29/11/2024 CGA Championships 2024
56	2:27.79	L	F	Abigail Pieterse	15	INFA NMA	15/06/2024 PEA Winter Gala 2024
57*	2:28.22	L	P	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
57*	2:28.22	L	F	Jaime Maritz	15	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
59	2:28.25	L S	F	Alexa Basso	15	CA EKU	05/12/2024 EGA Summer Championships
60	2:28.49	L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
61	2:28.61	L	F	Ella Lombard	15	TNDER FDD	04/12/2024 Free State Champs 2024
62	2:29.01	L	P	Zianè Jantzen	15	QUIC CPT	05/12/2024 Western Cape LC-A Championship 2024
63	2:29.06	L	F	Lara Janse van Rensburg	15	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
64	2:29.36	L	F	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
65	2:29.68	L	F	Yvonne Pretorius	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
66	2:29.87	L S	F	Rebecca White	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
67	2:29.98	L	F	Lili Annandale	15	BLSS MAN	11/10/2024 Otters Prestige Gala 2024
68	2:30.17	L S	F	Mia Vd Merwe	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
69	2:30.23	L	P	Leila Springer	15	SASE JHB	29/11/2024 CGA Championships 2024
70	2:30.24	L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024 CGA Championships 2024
71	2:30.56	L	F	Catherine O'Grady	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
72	2:30.62	L	P	Emma Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
73	2:30.68	L	F	Emma-Lee Theron	15	RSA	04/10/2024 Curro AquaElite Gala
74	2:31.00	L	F	Eva Dal Cin	15	AA JHB	20/11/2024 Crusaders Night Gala 1
75	2:31.23	L	F	Ava Strong	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
76	2:31.47	L	F	Kayla Kleynhans	15	VRC FSH	13/12/2024 NMBA Championships 2024
77	2:31.58	L	F	Milla Hulse	15	AZON ETH	02/07/2024 Prestige Tournament 2024
78	2:31.78	L	F	Sydni Adams	15	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
79	2:31.90	L	P	Madison Coleman	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
80	2:32.77	L	F	Rebecca Froneman	15	STSC KCD	25/01/2025 uShaka Champs 2025
81	2:32.87	L	F	Milan Van Heerden	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
82	2:33.01	L	F	Nicola Carver	15	ELEC FSH	13/09/2024 NTS September Age Group 2024
83	2:33.03	L	F	Carle Hager	15	ASAW CED	09/11/2024 Winelands SL4
84*	2:33.58	L	F	Zoe Steyn	15	CRSC JHB	22/01/2025 Crusaders Night Gala 2
84*	2:33.58	L	F	Caitlin Camacho	15	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
86	2:34.40	L	F	Kate-Lynn Kruger	15	DESA NMA	15/06/2024 PEA Winter Gala 2024
87	2:35.28	L	F	Emma Hagglund	15	SSISA CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
88	2:35.43	L	F	Anri Van Der Westhuizen	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
89	2:35.84	L S	F	Maya McCollum	15	AQDO CPT	02/11/2024 CTA A & B CHAMPS 2024
90	2:36.07	L	P	Mikayla Hinkley	15	PER JHB	29/11/2024 CGA Championships 2024
91	2:36.27	L S	P	Amy Jackson	15	TCA EKU	05/12/2024 EGA Summer Championships
92	2:36.38	L	F	Inge Vd Walt	15	DDA FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
93	2:36.55	L	F	Almi Geysler	15	LALE CED	21/09/2024 CTA INVITATIONAL LC MEET
94	2:37.23	L	F	Katey Nel	15	SOUL EKU	15/11/2024 Summer 4 Delville

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
95	2:37.53	L S	F	Aliyah De Oliveira	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
96	2:37.69	L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
97	2:37.91	L	F	Anne Marais	15	TKS WBD	29/11/2024 Limpopo Champs 2024
98	2:38.18	L	F	Deoné Borstlap	15	POTC KKD	07/12/2024 NWS Championships 2024
99	2:38.56	L	F	Tamlyn Kew	15	EXP TSH	13/09/2024 NTS September Age Group 2024
100	2:38.64	L	P	Lara Eckersley	15	AA JHB	29/11/2024 CGA Championships 2024
101	2:38.93	L	F	Emma Barnard	15	EVO CPT	09/11/2024 Swartland Prestige Gala 2024
102	2:39.19	L	P	Ilanze du Plessis	15	BLSS MAN	04/12/2024 Free State Champs 2024
103	2:39.92	L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
104	2:39.93	L	F	Mikayla Frösler	15	PEAS NMA	05/10/2024 4th A League Gala 2024
105	2:40.17	L S	F	Keona Landman	15	AACTA CPT	02/11/2024 CTA A & B CHAMPS 2024
106	2:40.22	L	F	Keira Ellerbeck	15	H2O EKU	15/11/2024 Summer 4 Delville
107	2:40.44	L	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
108	2:40.52	L	F	Micke Prinsloo	15	TKS WBD	29/11/2024 Limpopo Champs 2024
109	2:40.65	L	F	Sian Kleynhans	15	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
110	2:41.17	L S	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
111	2:41.41	L	F	Sinead De Wet	15	CRSC JHB	20/11/2024 Crusaders Night Gala 1
112	2:42.41	L	P	Melandri Vermaak	15	TINC TSH	29/11/2024 CGA Championships 2024
113	2:42.47	L	F	Jesse Kirsten	15	RSA	04/10/2024 Curro AquaElite Gala
114	2:43.02	L S	F	Jemma Hendricks	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
115	2:43.08	L	F	Megan Horn	15	SS MPD	29/11/2024 Limpopo Champs 2024
116	2:43.12	L	F	Macayle Eisen	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
117	2:43.16	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
118	2:43.19	L	F	Larissa Bouwer	15	DORE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
119	2:43.33	L	P	Kristen Burt	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
120	2:43.34	L	P	Tara Saint	15	KLOO ETH	02/07/2024 Prestige Tournament 2024
121	2:43.56	L	P	Simone' Pretorius	15	BETH FDD	04/12/2024 Free State Champs 2024
122	2:44.21	L	P	Diane Munro	15	BLSS MAN	04/12/2024 Free State Champs 2024
123*	2:45.04	L	F	Ada Barnard	15	SWAR WCD	17/10/2024 43rd Freda Barnard Invitational Gala
123*	2:45.04	L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
125	2:45.21	L	F	Jani Visagie	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
126	2:45.36	L	F	Isabelle Botha	15	PGAC EKU	01/02/2025 EGA Last Chance Gala
127	2:45.75	L	F	Jolane Holtzhausen	15	CRSC JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
128	2:46.57	L	P	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
129	2:46.72	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024 Free State Champs 2024
130	2:46.92	L	F	Erin Stead	15	FRA KCD	26/10/2024 Froggies Aquatics Championships 2024
131	2:47.11	L	P	Cailee Adams	15	SEALE ETH	02/07/2024 Prestige Tournament 2024
132*	2:47.19	L	F	Ariel De Bruyn	15	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
132*	2:47.19	L S	F	Imaan Velloo	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
134	2:47.20	L	F	Jessica Davies	15	VIKI BUF	15/06/2024 PEA Winter Gala 2024
135	2:47.23	L	F	Gabriella Baillie	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
136	2:47.40	L	F	Storme Badenhorst	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
137	2:47.50	L	F	Sulize Kruger	15	AA JHB	10/01/2025 2024 Grand Prix Invitation Swimming
138	2:47.60	L S	P	Keira-Lize Martins	15	H2O EKU	05/12/2024 EGA Summer Championships
139	2:47.69	L	F	Riley Koegelenberg	15	LALE CED	09/11/2024 Winelands SL4
140	2:47.92	L S	P	Christé Franck	15	JAQ EKU	05/12/2024 EGA Summer Championships
141	2:47.95	L	F	Nicole Senekal	15	TKS WBD	29/11/2024 Limpopo Champs 2024
142	2:47.96	L S	F	Erin Olivier	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
143	2:48.73	L	P	Liane' de Wet	15	BLOT MAN	04/12/2024 Free State Champs 2024
144	2:48.75	L	F	Bianke Von Schlichting	15	PRA GSD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
145	2:48.79	L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024 Prestige Tournament 2024
146	2:49.69	L	F	Elrike du Plessis	15	HREF BPD	07/12/2024 NWS Championships 2024
147	2:50.13	L S	P	Rachel Henley	15	ESTR EKU	05/12/2024 EGA Summer Championships
148	2:50.41	L	P	Alexandra Sheppard	15	STAR BPD	07/12/2024 NWS Championships 2024
149	2:50.84	L	F	Hannah Du Toit	15	ELEC TSH	13/09/2024 NTS September Age Group 2024
150	2:50.88	L S	P	Oratile Matli	15	ESTR EKU	05/12/2024 EGA Summer Championships
151	2:52.12	L	F	Abigail Suckling	15	FSE KCD	01/02/2025 KCDA Age Group 4 2024
152	2:52.52	L S	F	Mia Crookham	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
153	2:52.53	L	F	Kyrah Mack	15	PEAS NMA	14/09/2024 3rd A League Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
154	2:52.54	L	F	Xanri Muller	15	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
155	2:52.58	L	F	Madisson De Bruyn	15	AFIN JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
156	2:52.77	L	P	Whitney Lauf	15	MDOL JHB	29/11/2024 CGA Championships 2024
157	2:52.97	L	F	Eva-Bella Bonomi	15	TRAZ TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
158	2:54.81	L	F	Samara Prinsloo	15	STSC KCD	25/01/2025 uShaka Champs 2025
159	2:54.98	L	F	Chane' Fourie	15	TRALI MAN	28/06/2024 Sentraal Winter Gala
160	2:55.40	L	F	Callen Campbell	15	MARL CPT	21/09/2024 CTA INVITATIONAL LC MEET
161	2:56.46	L	F	Gabriela Dimitrova	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
162	2:56.97	L	F	Klara Groenewald	15	PRA GSD	25/01/2025 uShaka Champs 2025
163	2:57.61	L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024 43rd Freda Barnard Invitational Gala
164	2:57.80	L S	F	Alea Du Toit	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
165	2:58.48	L	F	Keone Molapo	15	RFA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
166	3:00.03	L	F	Hannah Struwig	15	AQUA UTD	07/12/2024 Uthukela District Age Group Gala
167	3:00.78	L	F	Kiara Storm	15	USH KCD	07/12/2024 Stingrays Champs 2024
168	3:01.71	L	F	Zephani Adams	15	WEST CPT	21/09/2024 CTA INVITATIONAL LC MEET
169	3:02.33	L	F	Rozel Scholtz	15	STELL RMD	23/11/2024 NWS Age Group 3 + 4 2024
170*	3:03.08	L	F	Mia Pienaar	15	BULS MAN	13/09/2024 Pelicans Age Group Gala
170*	3:03.08	L	F	Surene Kleingeld	15	CRSC JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
172	3:03.23	L	F	Malakai Jooste	15	CUHE OBD	09/11/2024 Swartland Prestige Gala 2024
173	3:04.02	L	F	Yovanka Malan	15	BETH FDD	25/10/2024 Neptunes Gala
174	3:05.35	L S	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024 EGA Summer Championships
175	3:05.74	L	F	Mia Koen	15	BULS MAN	25/10/2024 Neptunes Gala
176	3:08.17	L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025 uShaka Champs 2025
177	3:10.65	L	F	Celia Carpinheiro	15	CA EKU	18/01/2025 EGA Summer 5
178	3:11.00	L S	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
179	3:13.76	L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
180	3:14.79	L	F	Hannah Coert	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
181	3:15.99	L S	F	Hannah Myburgh	15	AQDO CPT	02/11/2024 CTA A & B CHAMPS 2024
182	3:17.80	L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
183	3:18.06	L	F	Nina Cloete	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
184	3:19.35	L	F	Khanyolwethu Fokazi	15	CYBE CPT	21/09/2024 CTA INVITATIONAL LC MEET
185	3:19.58	L	F	Ilze Olley	15	ACAQ CCD	29/11/2024 Limpopo Champs 2024
186	3:20.02	L	F	Ilne Bruwer	15	BLSS MAN	11/10/2024 Otters Prestige Gala 2024
187	3:21.08	L	F	Emmah Myburgh	15	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
188	3:21.71	L	F	Atlegang Mogotsi	15	ESTR EKU	01/02/2025 EGA Last Chance Gala
189	3:23.76	L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024 43rd Freda Barnard Invitational Gala
190	3:29.59	L	F	Imke Botha	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
191	3:29.99	L S	F	Safiya Ismail	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
192	3:30.45	L	F	Simoné Bronkhorst	15	AGAQ OBD	17/10/2024 43rd Freda Barnard Invitational Gala
193	3:32.37	L	P	Yamahlubi Radebe	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
194	3:34.63	L	F	Dheeya Patel	15	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
195	3:35.09	L	F	Johanika Groenewald	15	UNIU EZD	29/11/2024 Mpumalanga Championships 2024
Women 15-15 400 Free							
1	4:39.27	L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024 EGA Summer Championships
2	4:41.08	L	F	Katherine Williams	15	MDOL JHB	05/05/2024 SESE LC Champs 2024
3	4:43.19	L	F	Bailey Lambert	15	SEAL UMD	28/06/2024 Swim Fort Lauderdale Speedo Summer
4	4:45.69	L	F	Anja Buitendach	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
5	4:50.40	L	F	Blake Morris	15	LINR JHB	10/01/2025 2024 Grand Prix Invitation Swimming
6	4:50.90	L	P	Shannon Hugo	15	SEAL UMD	20/06/2024 2024 Shark Open
7	4:51.65	L	F	Kate-Lynn de Jager	15	BLOT MAN	25/10/2024 Neptunes Gala
8	4:52.76	L	F	Annebel Stewart	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
9	4:53.00	L	F	Evelyn Malan	15	TUKS TSH	13/12/2024 NMBA Championships 2024
10	4:54.76	L	F	Marike Raimond	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
11	4:55.51	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024 CGA Championships 2024
12	4:56.17	L	F	Gabriella Boerstra	15	TUKS TSH	05/12/2024 EGA Summer Championships
13*	4:58.70	L	F	Donne Bruyns	15	CSA EZD	29/11/2024 Mpumalanga Championships 2024
13*	4:58.70	L	F	Daniëlla Müller	15	TUKS TSH	05/12/2024 EGA Summer Championships
15	4:58.96	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
16	4:59.99	L	F	Ava Newton	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
17	5:01.20	L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
18	5:01.23	L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
19	5:01.47	L	F	Danielle Grobler	15	BLOT MAN	04/12/2024	Free State Champs 2024
20	5:02.31	L	F	Amy Hartung	15	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
21	5:03.37	L	F	Mia Groenewald	15	KTS	15/11/2024	AGE GROUP 2 KATHU 2024
22	5:05.14	L	F	Danielle Harbron	15	BLOT MAN	04/12/2024	Free State Champs 2024
23	5:05.67	L	F	Abigail Blake	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
24	5:05.75	L	F	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
25	5:06.21	L	F	Hannah Burke	15	SLAQ CPT	05/12/2024	Western Cape LC-A Championship 2024
26	5:06.82	L	F	Mila De Souza	15	EXP TSH	18/10/2024	NTS Level 3+ October Age Group 2024
27	5:08.81	L	F	Amy-Lee Jones	15	CA EKU	01/02/2025	EGA Last Chance Gala
28	5:10.98	L S	F	Margo Senekal	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
29	5:11.10	L	F	Rozaan Korff	15	ACAO CCD	29/11/2024	Limpopo Champs 2024
30	5:11.49	L	F	Kayla Kleynhans	15	VRC TSH	13/12/2024	NMBA Championships 2024
31	5:12.58	L	F	Cara Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
32	5:12.70	L	F	Lara Janse van Rensburg	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
33	5:13.08	L	F	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
34	5:14.35	L	F	Jodi Boettger	15	USC BUF	22/11/2024	BCA Long Course Championships 2024
35	5:14.84	L	F	Simone Cussons	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
36	5:15.10	L	F	Lili Annandale	15	BLSS MAN	04/12/2024	Free State Champs 2024
37	5:15.34	L	F	Ava Strong	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
38	5:15.86	L	F	Cailleigh De Beer	15	BLOT MAN	25/10/2024	Neptunes Gala
39	5:16.80	L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
40	5:16.94	L	F	Zuri Tome	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
41	5:17.10	L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
42	5:17.97	L	F	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
43	5:18.66	L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
44	5:18.70	L	F	Tatum Topliss	15	CA EKU	05/12/2024	EGA Summer Championships
45	5:19.19	L	F	Keilah-Naomi Holthuis	15	QSAW CED	21/09/2024	CTA INVITATIONAL LC MEET
46	5:19.55	L	F	Yvonne Pretorius	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
47	5:19.69	L	F	Eva Dal Cin	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
48	5:19.96	L	F	Emma Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
49	5:20.84	L	F	Ona-Mari Van Niekerk	15	EDA ED	11/01/2025	EDEN INTER DISTRICT PRESTIGE
50	5:21.45	L	F	Mikayla Frösler	15	PEAS NMA	13/07/2024	1st A League Gala 2024
51	5:22.65	L	F	Casey Bruwer	15	AACTA CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
52	5:24.17	L	F	Sydni Adams	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
53	5:24.66	L	F	Chanel Veldsman	15	PSCP UMD	15/06/2024	PEA Winter Gala 2024
54	5:24.74	L	F	Milan Van Heerden	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
55	5:25.05	L	F	Catherine O'Grady	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
56	5:27.18	L	F	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships
57	5:27.54	L	F	Rebecca Froneman	15	STSC KCD	25/01/2025	uShaka Champs 2025
58	5:27.99	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
59	5:30.55	L	F	Izabella Alevras	15	CRSC JHB	29/11/2024	CGA Championships 2024
60	5:30.98	L	F	Sian Kleynhans	15	FISH EDD	15/06/2024	PEA Winter Gala 2024
61	5:31.91	L	F	Kay-Lee Mouton	15	TGA WCD	09/11/2024	Swartland Prestige Gala 2024
62	5:32.64	L	F	Emma-Lee Theron	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala
63	5:34.49	L	F	Milla Hulse	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
64	5:35.22	L	F	Keira Ellerbeck	15	H2O EKU	26/10/2024	Summer 3 Delville
65	5:35.58	L	F	Ella Lombard	15	TNDER FDD	04/12/2024	Free State Champs 2024
66	5:37.36	L	F	Maya McCollum	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
67	5:37.53	L	F	Sylvie de Bruyn	15	BULS MAN	10/08/2024	Kovsies Gala 1
68*	5:39.53	L	F	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
68*	5:39.53	L	F	Lethokuhle Makhubu	15	RSA	04/10/2024	Curro AquaElite Gala
70	5:39.59	L	F	Deoné Borstlap	15	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
71	5:40.48	L	F	Isabelle Botha	15	PGAC EKU	01/02/2025	EGA Last Chance Gala
72	5:46.81	L	F	Zoe Steyn	15	CRSC JHB	09/11/2024	NWS Age Group 1 & 2 2024
73	5:47.13	L	F	Diane Munro	15	RSA	04/10/2024	Curro AquaElite Gala
74	5:47.25	L	F	Melandri Vermaak	15	TINC TSH	29/11/2024	CGA Championships 2024
75	5:49.46	L	F	Ariel De Bruyn	15	CSA EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
76	5:50.52	L	F	Mine Prinsloo	15	BLSS MAN	25/10/2024	Neptunes Gala
77	5:54.22	L	F	Elandri Du Randt	15	BETH FDD	15/11/2024	Valsrivier Gala 2024
78	5:58.24	L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
79	5:58.48	L	F	Danika Van Zyl	15	FRA KCD	25/01/2025	uShaka Champs 2025
80	5:58.84	L	F	Imaan Velloo	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
81	6:01.56	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
82	6:01.79	L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
83	6:02.82	L	F	Liane' de Wet	15	BLOT MAN	01/02/2025	Heidedal & Sentraal Galal
84	6:02.90	L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024
85	6:05.16	L	F	Storme Badenhorst	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
86	6:07.06	L	F	Rachel Henley	15	ESTR EKU	26/10/2024	Summer 3 Delville
87	6:10.08	L	F	Oratile Matli	15	ESTR EKU	26/10/2024	Summer 3 Delville
88	6:17.85	L	F	Alea Du Toit	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
89	6:18.65	L	F	Erin Stead	15	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
90	6:25.05	L	F	Gabriela Dimitrova	15	TUKS TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
91	6:40.16	L	F	Rozel Scholtz	15	STELL RMD	07/12/2024	NWS Championships 2024
92	6:40.65	L	F	Kiara Storm	15	USH KCD	26/10/2024	Froggies Aquatics Championships 2024
93	6:51.01	L	F	Khanyolwethu Fokazi	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
94	6:57.22	L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
95	7:05.61	L	F	Celia Carpinteiro	15	CA EKU	01/02/2025	EGA Last Chance Gala
96	7:11.31	L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
97	7:22.98	L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
98	7:24.03	L	F	Abigail Kulynych	15	CA EKU	26/10/2024	Summer 3 Delville
99	7:26.54	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
100	7:32.11	L	F	Johanika Groenewald	15	UNI U EZD	29/11/2024	Mpumalanga Championships 2024
101	7:39.91	L	F	Sofiya Talip	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
Women 15-15 500 Free								
1	7:56.35	L	O	Hannah Myburgh	15	AQDO CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series
2	10:55.50	L	O	Sofiya Talip	15	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
3	11:26.22	L	O	Safiya Ismail	15	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
Women 15-15 800 Free								
1	9:43.20	L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024	EGA Summer Championships
2	9:50.59	L	F	Kate-Lynn de Jager	15	BLOT MAN	04/12/2024	Free State Champs 2024
3	9:55.33	L	F	Annebel Stewart	15	AZON ETH	02/07/2024	Prestige Tournament 2024
4	9:55.85	L	F	Anja Buitendach	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
5	9:57.52	L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
6	10:07.57	L	F	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
7	10:14.73	L	F	Gabriella Boerstra	15	TUKS TSH	05/12/2024	EGA Summer Championships
8	10:15.55	L	F	Donne Bruyns	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
9	10:16.28	L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
10	10:16.61	L	F	Amy Hartung	15	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
11	10:16.62	L	F	Daniëlla Müller	15	TUKS TSH	05/12/2024	EGA Summer Championships
12	10:19.87	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
13	10:21.09	L	F	Shannon Hugo	15	SEAL UMD	25/01/2025	uShaka Champs 2025
14	10:37.09	L	F	Tatum Dace	15	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
15	10:50.48	L	F	Rozaan Korff	15	ACAQ CCD	29/11/2024	Limpopo Champs 2024
16	10:57.80	L	F	Abigail Blake	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
17	10:59.10	L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
18	10:59.69	L	F	Hannah Burke	15	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
19	11:01.94	L	F	Simone Cussons	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
20	11:05.36	L	F	Zuri Tome	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
21	11:05.87	L	F	Yvonne Pretorius	15	MSC NGD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
22	11:07.55	L	F	Lara Janse van Rensburg	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
23	11:14.65	L	F	Leila Yazbek	15	BLNE MAN	25/10/2024	Neptunes Gala
24	11:21.45	L	F	Sian Kleynhans	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
25	11:26.15	L	F	Mikayla Frösler	15	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
26	11:28.88	L	F	Amy Jackson	15	TCA EKU	26/10/2024	Summer 3 Delville
27	11:33.52	L	F	Kay-Lee Mouton	15	TGA WCD	09/11/2024	Swartland Prestige Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
28	11:43.51	L	F	Maya McCollum	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
29	11:43.80	L	F	Emma-Lee Theron	15	BLSS MAN	31/08/2024 Seals Gala
30	11:52.65	L	F	Melandri Vermaak	15	TINC TSH	29/11/2024 CGA Championships 2024
31	11:55.62	L	F	Deoné Borstlap	15	POTC KKD	09/11/2024 NWS Age Group 1 & 2 2024
32	12:00.10	L	F	Keira Ellerbeck	15	H2O EKU	26/10/2024 Summer 3 Delville
33	12:02.00	L	F	Simone' Pretorius	15	BETH FDD	25/10/2024 Neptunes Gala
34	12:19.82	L	F	Lili Annandale	15	BLSS MAN	06/09/2024 Bull Sharks Annual Gala
35	13:02.13	L	F	Kananelo Linake	15	TRAZ TSH	13/09/2024 NTS September Age Group 2024
36	13:18.22	L	F	Erin Stead	15	FRA KCD	02/07/2024 Prestige Tournament 2024
37	14:27.57	L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
38	14:35.05	L	F	Nina Cloete	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
39	15:41.56	L	F	Johanika Groenewald	15	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
Women 15-15 1500 Free							
1	17:39.27	L	F	Amelie Kleine	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
2	18:26.69	L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024 EGA Summer Championships
3	18:50.59	L	F	Blake Morris	15	LINR JHB	29/11/2024 CGA Championships 2024
4	18:59.89	L	F	Kate-Lynn de Jager	15	BLOT MAN	02/11/2024 Heidedal
5	19:06.38	L	F	Anja Buitendach	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
6	19:26.44	L	F	Donne Bruyns	15	CSA EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
7	19:31.39	L	F	Evelyn Malan	15	TUKS TSH	13/12/2024 NMBA Championships 2024
8	19:31.91	L S	F	Marike Raimond	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
9	19:31.92	L	F	Daniëlla Müller	15	TUKS TSH	05/12/2024 EGA Summer Championships
10	19:43.92	L	F	Amy Hartung	15	ASAC CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
11	20:48.32	L	F	Rozaan Korff	15	ACAQ CCD	09/11/2024 Limpopo Age Group 5
12	20:58.00	L	O	Gabriella Boerstra	15	TUKS TSH	18/01/2025 WC OWS Champs / Aqua Azzurra
13	21:05.55	L	F	Simone Cussons	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
14	21:11.05	L	F	Lili Annandale	15	BLSS MAN	02/11/2024 Heidedal
15	21:26.36	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
16	21:39.23	L	F	Ona-Mari Van Niekerk	15	FISH EDD	02/11/2024 EDEN 2nd A-League Gala 2024 Schools
17	21:43.20	L	F	Sian Kleynhans	15	FISH EDD	15/06/2024 PEA Winter Gala 2024
18	22:29.00	L	F	Danika Van Zyl	15	FRA KCD	30/11/2024 KZN Open Water Champs 2024
19	22:58.00	L	O	Amy Jackson	15	TCA EKU	18/01/2025 Prime View #3 2025
20	23:00.26	L	F	Melandri Vermaak	15	TINC TSH	29/11/2024 CGA Championships 2024
21	23:11.61	L	F	Deoné Borstlap	15	POTC KKD	07/12/2024 NWS Championships 2024
22	23:58.69	L	F	Xanri Muller	15	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
23	24:56.00	L	O	Eva Dal Cin	15	ELEC TSH	20/10/2024 Manyaka OW Sprint 2024
24	25:08.65	L	F	Erin Stead	15	FRA KCD	25/01/2025 uShaka Champs 2025
25	25:39.03	L	O	Reese Edwards	15	SSISA CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
26*	26:55.00	L	O	Rachel Henley	15	ESTR EKU	18/01/2025 WC OWS Champs / Aqua Azzurra
26*	26:55.00	L	O	Zoe Steyn	15	CRSC JHB	20/10/2024 Manyaka OW Sprint 2024
28	27:27.12	L	O	Mianè Steyn	15	BLMA CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
29	28:45.92	L	O	Erin Olivier	15	ASAC CPT	18/01/2025 WC OWS Champs / Aqua Azzurra
30	29:59.67	L	O	Kay-Lee Mouton	15	TGA WCD	23/11/2024 Aqua Azzurra Foundation OWS - Series
Women 15-15 3000 Free							
1	44.42	L	F	Kailey Joubert	15	AZON ETH	24/11/2024 Capital K 3km Open Water Swim
2	52.51	L	F	Danika Van Zyl	15	FRA KCD	24/11/2024 Capital K 3km Open Water Swim
3	56.44	L	F	Kristen Burt	15	PSCP UMD	24/11/2024 Capital K 3km Open Water Swim
4	40:02.00	L	O	Leah Markgraaff	15	TUKS TSH	18/01/2025 Prime View #3 2025
5	40:25.85	L	O	Amy Hartung	15	ASAC CPT	23/11/2024 Aqua Azzurra Foundation OWS - Series
6	41:45.00	L	O	Gabriella Boerstra	15	TUKS TSH	18/01/2025 Prime View #3 2025
7	43:44.59	L	O	Shanna-Leigh Zeelie	15	BLMA CPT	23/11/2024 Aqua Azzurra Foundation OWS - Series
8	44:52.03	L	O	Emma Rossouw	15	TYGE CPT	23/11/2024 Aqua Azzurra Foundation OWS - Series
9	45:30.17	L	O	Mikayla Frösler	15	RSA	08/12/2024 XX AA Zone IV OWS Championships 8
10	45:38.00	L	O	Tyra Penn	15	WATR JHB	02/11/2024 Prime View #1
11	46:26.00	L	O	Amy Jackson	15	TCA EKU	18/01/2025 WC OWS Champs / Aqua Azzurra
12	47:46.66	L	O	Kay-Lee Mouton	15	CLA WC	18/01/2025 WC OWS Champs / Aqua Azzurra
13	48:13.48	L	O	Shi Han Huang	15	BLMA CPT	23/11/2024 Aqua Azzurra Foundation OWS - Series
14	50:32.39	L	O	Maya McCollum	15	AQDO CPT	23/11/2024 Aqua Azzurra Foundation OWS - Series

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
15	53:33.00 L	O	Rachel Henley	15	ESTR EKU	18/01/2025	Prime View #3 2025	
Women 15-15 5000 Free								
1	1:08:01.00 L	O	Kailey Joubert	15	AZON ETH	26/10/2024	EDA Open Water 2	
2	1:10:12.00 L	O	Amy Hartung	15	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
3	1:12:14.00 L	O	Marike Raimond	15	TYGE CPT	23/11/2024	Aqua Azzurra Foundation OWS - Series	
4	1:18:37.00 L	O	Kay-Lee Mouton	15	CLA WC	18/01/2025	WC OWS Champs / Aqua Azzurra	
5	1:19:31.00 L	O	Mikayla Frösler	15	PEAS NMA	19/01/2025	NMBA OWS Championships 2025	
Women 15-15 7500 Free								
1	1:49:37.00 L	O	Amy Hartung	15	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra	
Women 15-15 50 Back								
1	30.46 L	F	Bailey Lambert	15	SEAL UMD	05/12/2024	Western Cape LC-A Championship 2024	
2	31.01 L	F	Katherine Williams	15	MDOL JHB	11/01/2025	County Speed Swimming Championships	
3	31.32 L	P	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024	
4	31.45 L	F	Ava-Loren Van Galen	15	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024	
5	31.78 L	F	Anri Van Der Westhuizen	15	BLOT MAN	04/12/2024	Free State Champs 2024	
6	32.10 L	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024	Free State Champs 2024	
7	32.19 L	F	Sophia Trout	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
8	32.41 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
9*	32.45 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024	
9*	32.45 L	F	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024	
11	32.67 L	P	Amy Combrink	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
12	33.13 L	F	Mia Groenewald	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
13	33.28 L	F	Amy O'Connor	15	CRSC JHB	20/11/2024	Crusaders Night Gala 1	
14	33.32 L	F	Tessa Battheu	15	TUKS FSH	13/09/2024	NTS September Age Group 2024	
15	33.35 L	P	Mikayla Frösler	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024	
16	33.38 L	F	Mi-Ly Vd Merwe	15	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET	
17	33.42 L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024	
18	33.45 L	F	Payton Aitken	15	WSTV ETH	25/01/2025	uShaka Champs 2025	
19	33.70 L	F	Rouxne Du Plessis	15	TUKS FSH	13/12/2024	NMBA Championships 2024	
20	33.72 L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
21	33.83 L	F	Shi Han Huang	15	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
22	33.92 L	F	Jaime Roome	15	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024	
23	33.94 L	P	Keilah-Naomi Holthuis	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024	
24	33.97 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024	
25	34.04 L	F	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024	
26	34.07 L	F	Kate-Lynn Kruger	15	DESA NMA	14/09/2024	3rd A League Gala 2024	
27	34.10 L	F	Zandri Knoetze	15	INFA NMA	31/01/2025	Infinity Gala 2025	
28	34.12 L	F	Jaime Maritz	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
29	34.18 L	F	Emily Palmer	15	USC BUF	13/07/2024	1st A League Gala 2024	
30	34.19 L	F	Jenna Morris	15	VINE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
31*	34.30 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024	
31*	34.30 L S	F	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024	
33	34.33 L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024	
34	34.48 L	F	Milla Hulse	15	AZON ETH	02/07/2024	Prestige Tournament 2024	
35	34.49 L	F	Donne Bruyns	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
36*	34.66 L	F	Hannah Burke	15	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET	
36*	34.66 L	F	Blake Morris	15	LINR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
38	34.72 L	P	Ava Strong	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024	
39*	34.76 L	P	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
39*	34.76 L	F	Abigail Pieterse	15	INFA NMA	13/12/2024	NMBA Championships 2024	
41	34.87 L	F	Casey Bruwer	15	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
42	35.08 L	P	Addison Doolan	15	AA JHB	29/11/2024	CGA Championships 2024	
43	35.14 L	F	Caileigh De Beer	15	BLOT MAN	24/08/2024	Kovsie Gala 2	
44*	35.15 L S	F	Zianè Jantzen	15	QUIC CPT	02/11/2024	CTA A & B CHAMPS 2024	
44*	35.15 L	P	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
46	35.35 L	P	Kaylin Fabricius	15	BARR CPT	05/12/2024	Western Cape LC-A Championship 2024	
47	35.36 L	F	Amy-Lee Jones	15	CA EKU	26/10/2024	Summer 3 Delville	
48	35.39 L	F	Madison Coleman	15	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
49	35.52 L	F	Annebel Stewart	15	AZON ETH	02/07/2024	Prestige Tournament 2024
50	35.59 L	F	Tyra Penn	15	WATR JHB	31/01/2025	Infinity Gala 2025
51	35.69 L	F	Mila De Souza	15	EXP TSH	13/09/2024	NTS September Age Group 2024
52	35.71 L	P	Mikayla Hinkley	15	PER JHB	29/11/2024	CGA Championships 2024
53	35.72 L	F	Lili Annandale	15	BLSS MAN	04/12/2024	Free State Champs 2024
54	35.74 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
55	35.80 L	F	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
56*	35.86 L	F	Anne Marais	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG
56*	35.86 L	F	Zoe Steyn	15	CRSC JHB	01/02/2025	EGA Last Chance Gala
58	35.93 L	P	Simone Cussons	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
59	35.95 L	F	Kayla Kleynhans	15	VRC TSH	13/09/2024	NTS September Age Group 2024
60	36.05 L	P	Carle Hager	15	ASAW CED	05/12/2024	Western Cape LC-A Championship 2024
61	36.09 L	F	Lara Janse van Rensburg	15	CSA EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
62	36.37 L	P	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
63	36.40 L	P	Kate-Lynn de Jager	15	BLOT MAN	04/12/2024	Free State Champs 2024
64	36.46 L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
65	36.50 L	P	Jamie-Lee Graham	15	AA JHB	29/11/2024	CGA Championships 2024
66	36.54 L	F	Stacey Smith	15	PAC TSH	13/09/2024	NTS September Age Group 2024
67	36.63 L	F	Hannah Du Toit	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
68	36.74 L	F	Ariel De Bruyn	15	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
69	36.99 L	F	Lara Eckersley	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
70	37.02 L	F	Catherine O'Grady	15	MSC NGD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
71	37.08 L	P	Abigail Blake	15	GREY CPT	15/06/2024	PEA Winter Gala 2024
72	37.11 L	F	Carmen Stapelberg	15	TINC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
73	37.21 L	F	Emma-Lee Theron	15	RSA	04/10/2024	Curro AquaElite Gala
74	37.30 L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
75	37.37 L S	F	Emma Hagglund	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024
76	37.40 L	P	Amy Jackson	15	TCA ECU	05/12/2024	EGA Summer Championships
77	37.41 L	F	Ilanze du Plessis	15	BLSS MAN	13/09/2024	Pelicans Age Group Gala
78	37.48 L	P	Danielle Harbron	15	BLOT MAN	04/12/2024	Free State Champs 2024
79	37.62 L	F	Miane Kasselmann	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
80	37.71 L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024
81	37.76 L	F	Larissa Bouwer	15	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
82	37.78 L	F	Sinead De Wet	15	CRSC JHB	20/11/2024	Crusaders Night Gala 1
83	37.83 L	F	Tara Saint	15	KLOO ETH	02/07/2024	Prestige Tournament 2024
84	37.84 L	P	Sahana Dayaram	15	DORE JHB	29/11/2024	CGA Championships 2024
85	37.92 L	F	Line Brits	15	HMER MP	08/10/2024	Limpopo Top 8 - High Schools
86	37.99 L	F	Esmarie Terblanche	15	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
87	38.14 L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
88	38.20 L	P	Gabriella Baillie	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
89	38.21 L	F	Anja Volschenk	15	BLSS MAN	04/12/2024	Free State Champs 2024
90	38.30 L	F	Abigail Kulynych	15	CA ECU	05/12/2024	EGA Summer Championships
91	38.33 L	F	Rebecca Froneman	15	STSC KCD	28/09/2024	KCDA Age Group 1 2024
92	38.41 L	F	Macayle Eisen	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
93	38.42 L	F	Rachel Henley	15	ESTR ECU	26/10/2024	Summer 3 Delville
94	38.66 L S	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
95	38.81 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
96	38.87 L	F	Ella Lombard	15	TNDER FDD	15/11/2024	Valsrivier Gala 2024
97	38.88 L	P	Kayla Welgemoed	15	VALS FDD	04/12/2024	Free State Champs 2024
98	39.11 L	F	Roslyn Ramoholi	15	RSA	04/10/2024	Curro AquaElite Gala
99	39.22 L	F	Leila Van Zyl	15	RSA	04/10/2024	Curro AquaElite Gala
100	39.25 L	F	Abigail Suckling	15	FSE KCD	28/09/2024	KCDA Age Group 1 2024
101	39.29 L	F	Keona Landman	15	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET
102	39.35 L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
103	39.44 L S	F	Summer Ascielli	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
104	39.50 L	F	Leigh Chung Kim Yuen	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
105	39.52 L	F	Oratile Matli	15	ESTR ECU	12/10/2024	EGA Summer 2
106	39.58 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
107	39.71 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
108	39.78 L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
109	39.94 L	F	Micke Prinsloo	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo AG
110	40.09 L	F	Emma Barnard	15	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
111	40.17 L	P	Yvonne Pretorius	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
112	40.38 L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships
113	40.39 L	F	Megan Horn	15	SS MPD	29/11/2024	Limpopo Champs 2024
114*	40.40 L	F	Sulize Kruger	15	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
114*	40.40 L	F	Mia Crookham	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
116	40.43 L	P	Sian Kleynhans	15	FISH EDD	15/06/2024	PEA Winter Gala 2024
117	40.49 L	F	Alea Du Toit	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
118	40.53 L	F	Riley Koegelenberg	15	LALE CED	09/11/2024	Winelands SL4
119	40.60 L	F	Keone Molapo	15	RFA TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
120	40.71 L	F	Klara Groenewald	15	PRA GSD	25/01/2025	uShaka Champs 2025
121	40.82 L	P	Izabella Alevras	15	CRSC JHB	29/11/2024	CGA Championships 2024
122	40.93 L	F	Tamlyn Kew	15	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
123	40.95 L	P	Cala Welgemoed	15	VALS FDD	04/12/2024	Free State Champs 2024
124	40.99 L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
125	41.00 L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
126	41.08 L	F	Keira-Lize Martins	15	H2O EKU	26/10/2024	Summer 3 Delville
127	41.09 L	F	Emmah Myburgh	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
128	41.19 L	F	McKenzie Jones	15	ESTR EKU	26/10/2024	Summer 3 Delville
129	41.28 L	F	Diane Munro	15	BLSS MAN	28/06/2024	Sentraal Winter Gala
130	41.29 L	F	Hannah Struwig	15	AQUA UTD	12/10/2024	Uthukela District Age Group Gala
131	41.39 L	F	Tatum Topliss	15	CA EKU	12/10/2024	EGA Summer 2
132	41.57 L	F	Jesse Kirsten	15	BLOT MAN	24/08/2024	Kovsie Gala 2
133	41.62 L	F	Samara Prinsloo	15	STSC KCD	25/01/2025	uShaka Champs 2025
134	41.69 L	F	Alexandra Sheppard	15	STAR BPD	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
135	41.88 L	P	Sandisiwe Mkhathshwa	15	MAKO EKU	05/12/2024	EGA Summer Championships
136	41.90 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
137	41.99 L	F	Chane' Fourie	15	RSA	04/10/2024	Curro AquaElite Gala
138	42.03 L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
139	42.23 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
140	42.25 L	P	Jessica Davies	15	VIKI BUF	15/06/2024	PEA Winter Gala 2024
141	42.37 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
142	42.51 L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024
143	42.55 L	F	Kholofelo Seabi	15	SWIFT EKU	12/10/2024	EGA Summer 2
144	42.71 L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024	CGA Championships 2024
145	42.83 L	F	Jessica Parker	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
146	42.96 L S	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
147	43.10 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
148	43.15 L	P	Isabelle Botha	15	PGAC EKU	05/12/2024	EGA Summer Championships
149	43.29 L	F	Nina Wessels	15	UNIU EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
150	43.52 L	F	Maya McCollum	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
151	43.54 L	P	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
152	43.70 L	F	Joré Benade	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
153	44.06 L	P	Atlegang Mogotsi	15	ESTR EKU	05/12/2024	EGA Summer Championships
154	44.10 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
155	44.28 L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
156	44.51 L	F	Ilne Bruwer	15	BLSS MAN	25/10/2024	Neptunes Gala
157	44.69 L	F	Yovanka Malan	15	BETH FDD	25/10/2024	Neptunes Gala
158	45.00 L	F	Mia Pienaar	15	BULS MAN	02/11/2024	Heidedal
159	45.16 L	P	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
160	45.21 L	F	Abigail Kirkland	15	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
161	45.25 L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
162	45.30 L	F	Mia Koen	15	BULS MAN	06/09/2024	Bull Sharks Annual Gala
163	45.41 L	F	Callen Campbell	15	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
164	46.35 L	F	Ilze Olley	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
165	46.47 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
166	46.51 L	F	Bianke Von Schlichting	15	PRA GSD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
167	46.53	L	F	Elizma Du Plooy	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
168	47.55	L	F	Hannah Coert	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
169	47.62	L	F	Dheeya Patel	15	ELEC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
170	47.77	L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
171	47.87	L	F	Leila Visser	15	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
172	48.31	L	P	Celia Carpinteiro	15	CA EKU	05/12/2024	EGA Summer Championships
173	48.38	L	F	Lisakhanya Letloloane	15	NGU TSH	13/09/2024	NTS September Age Group 2024
174	49.65	L	P	Lida Gerber	15	AASC EZD	29/11/2024	Mpumalanga Championships 2024
175	49.77	L	F	Khanyolwethu Fokazi	15	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
176	50.19	L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
177	50.36	L S	F	Hannah Myburgh	15	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
178	50.69	L	F	Simoné Bronkhorst	15	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
179	57.87	L	P	Jo-Anne van Dyk	15	JAQ EKU	05/12/2024	EGA Summer Championships
180	1:02.04	L	F	Cheyenne Wilson	15	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
181	1:03.29	L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
Women 15-15 100 Back								
1	1:04.15	L	F	Bailey Lambert	15	SEAL UMD	20/06/2024	2024 Shark Open
2	1:05.63	L	F	Katherine Williams	15	MDOL JHB	11/01/2025	County Speed Swimming Championships
3	1:06.76	L	F	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
4	1:08.73	L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
5	1:09.35	L	F	Rouxne Du Plessis	15	TUKS TSH	13/12/2024	NMBA Championships 2024
6	1:09.66	L	F	Abigail Kotze	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
7	1:09.88	L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
8	1:09.92	L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
9	1:10.49	L	P	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024
10	1:10.52	L	P	Ava-Loren Van Galen	15	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024
11	1:10.69	L	F	Sophia Trout	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
12	1:10.82	L	F	Amy Combrink	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
13	1:11.04	L	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024	Free State Champs 2024
14	1:11.29	L S	F	Leah Markgraaff	15	TUKS TSH	05/12/2024	EGA Summer Championships
15	1:11.47	L	F	Mia Groenewald	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
16	1:11.69	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
17	1:11.92	L S	T	Mi-Ly Vd Merwe	15	LALE CED	05/12/2024	Western Cape LC-A Championship 2024
18	1:12.21	L	P	Sam Juries	15	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
19	1:12.25	L	F	Kate-Lynn Kruger	15	DESA NMA	13/12/2024	NMBA Championships 2024
20	1:12.27	L	F	Mikayla Frösler	15	PEAS NMA	13/12/2024	NMBA Championships 2024
21	1:12.57	L	F	Amy O'Connor	15	CRSC JHB	22/01/2025	Crusaders Night Gala 2
22	1:12.62	L	F	Carla Dannhauser	15	TKS WBD	09/11/2024	Limpopo Age Group 5
23	1:12.82	L	F	Tessa Battheu	15	TUKS TSH	07/12/2024	NWS Championships 2024
24	1:13.03	L	F	Anri Van Der Westhuizen	15	BLOT MAN	04/12/2024	Free State Champs 2024
25	1:13.11	L	F	Payton Aitken	15	WSTV ETH	02/07/2024	Prestige Tournament 2024
26	1:13.42	L	F	Shi Han Huang	15	BLMA CPT	21/09/2024	CTA INVITATIONAL LC MEET
27	1:14.34	L	F	Ava Strong	15	PEAS NMA	31/01/2025	Infinity Gala 2025
28	1:14.39	L	F	Anja Buitendach	15	UNI EZD	10/01/2025	2024 Grand Prix Invitation Swimming
29	1:14.52	L	P	Elizabeth Viljoen	15	TUKS TSH	07/12/2024	NWS Championships 2024
30	1:14.60	L	P	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
31	1:14.64	L	P	Marike Raimond	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
32	1:14.65	L	P	Ziané Jantzen	15	QUIC CPT	05/12/2024	Western Cape LC-A Championship 2024
33	1:14.66	L	F	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
34	1:14.98	L	F	Hannah Burke	15	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
35	1:15.45	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
36	1:15.56	L	F	Casey Bruwer	15	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET
37	1:15.61	L	P	Annebel Stewart	15	AZON ETH	02/07/2024	Prestige Tournament 2024
38	1:15.68	L	F	Caileigh De Beer	15	BLOT MAN	04/12/2024	Free State Champs 2024
39	1:15.69	L	F	Jessica Davies	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
40	1:15.70	L	F	Donne Bruyns	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
41	1:15.78	L	P	Jenna Morris	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
42	1:15.84	L	F	Jaime Maritz	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
43	1:15.97	L	F	Keilah-Naomi Holthuis	15	QSAW CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
44	1:16.64	L	F	Jaime Roome	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
45	1:16.85	L	F	Natania Komakech	15	ELEC FSH	10/01/2025 2024 Grand Prix Invitation Swimming
46	1:16.89	L	F	Lara Janse van Rensburg	15	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
47	1:16.90	L	F	Abigail Pieterse	15	INFA NMA	13/12/2024 NMBA Championships 2024
48	1:16.93	L	F	Ane Snyders	15	BLSS MAN	25/10/2024 Neptunes Gala
49	1:17.20	L	P	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
50	1:17.38	L	F	Kate-Lynn de Jager	15	RSA	04/10/2024 Curro AquaElite Gala
51	1:17.47	L	P	Margo Senekal	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
52	1:17.60	L	P	Emma Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
53	1:17.66	L	F	Evelyn Malan	15	TUKS FSH	13/12/2024 NMBA Championships 2024
54	1:17.70	L	F	Lili Annandale	15	RSA	04/10/2024 Curro AquaElite Gala
55	1:17.77	L	F	Carle Hager	15	ASAW CED	09/11/2024 Winelands SL4
56	1:18.08	L	F	Milla Hulse	15	AZON ETH	02/07/2024 Prestige Tournament 2024
57	1:18.11	L	F	Tylah Johannes	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
58	1:18.42	L	F	Jamie-Lee Graham	15	AA JHB	29/11/2024 CGA Championships 2024
59	1:18.64	L	F	Tchisank Banza	15	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
60	1:18.85	L	F	Kayla Kleynhans	15	VRC FSH	13/09/2024 NTS September Age Group 2024
61	1:19.00	L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
62	1:19.13	L	F	Abigail Blake	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
63	1:19.28	L S	F	Amy Jackson	15	TCA EKU	05/12/2024 EGA Summer Championships
64	1:19.32	L	P	Kaylin Fabricius	15	BARR CPT	05/12/2024 Western Cape LC-A Championship 2024
65	1:19.35	L	F	Anne Marais	15	HSBV SKD	01/02/2025 Limpopo School Champs & Limpopo AG
66	1:19.48	L	P	Lara Eckersley	15	AA JHB	29/11/2024 CGA Championships 2024
67	1:19.60	L	P	Ilanze du Plessis	15	BLSS MAN	04/12/2024 Free State Champs 2024
68*	1:20.27	L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
68*	1:20.27	L	P	Gabriella Baillie	15	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
70	1:20.35	L	F	Tyra Penn	15	WATR JHB	31/01/2025 Infinity Gala 2025
71	1:20.39	L	F	Stacey Smith	15	PAC FSH	13/09/2024 NTS September Age Group 2024
72	1:20.58	L	F	Gabriella Boerstra	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
73	1:21.15	L	F	Hannah Du Toit	15	ELEC FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
74	1:21.21	L	P	Lize-Marie Kruger	15	BLNE MAN	15/06/2024 PEA Winter Gala 2024
75	1:21.35	L	P	Leila Springer	15	SASE JHB	29/11/2024 CGA Championships 2024
76	1:21.40	L	F	Rachel Henley	15	ESTR EKU	01/02/2025 EGA Last Chance Gala
77	1:21.85	L	F	Zoe Steyn	15	CRSC JHB	22/01/2025 Crusaders Night Gala 2
78	1:21.94	L	F	Ingrid Van Loggerenberg	15	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
79	1:21.99	L	F	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
80	1:22.04	L	F	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
81	1:22.07	L	F	Carmen Stapelberg	15	TINC FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
82	1:22.10	L	F	Emma Hagglund	15	SSISA CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
83	1:22.38	L	F	Rebecca Froneman	15	STSC KCD	09/11/2024 KCDA Age Goup 2 2024
84	1:22.57	L	F	Emma-Lee Theron	15	BLSS MAN	09/11/2024 Bull Sharks Gala
85	1:22.89	L	F	Ariel De Bruyn	15	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
86	1:23.26	L	P	Sahana Dayaram	15	DORE JHB	29/11/2024 CGA Championships 2024
87	1:23.29	L	F	Danielle Harbron	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
88	1:23.64	L	F	Sian Kleynhans	15	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
89	1:23.65	L	P	Larissa Bouwer	15	DORE JHB	29/11/2024 CGA Championships 2024
90	1:23.84	L	F	Deoné Borstlap	15	POTC KKD	09/11/2024 NWS Age Group 1 & 2 2024
91	1:24.19	L	F	Catherine O'Grady	15	MSC NGD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
92	1:24.20	L	F	Milan Van Heerden	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
93	1:24.39	L	F	Lara Wink	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
94	1:24.44	L	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
95	1:24.54	L	F	Jani Visagie	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
96	1:24.64	L	F	Lethabo Masemola	15	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
97	1:24.65	L S	P	Abbigail Kulynych	15	CA EKU	05/12/2024 EGA Summer Championships
98	1:24.68	L	P	Simone Cussons	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
99	1:24.70	L	F	Megan Webster	15	RFA FSH	18/10/2024 NTS Level 3+ October Age Group 2024
100	1:24.81	L	F	Jemma Hendricks	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
101	1:24.83	L	P	Alexah Furman	15	RACE JHB	29/11/2024 CGA Championships 2024
102	1:24.89	L	F	Line Brits	15	HMER MP	08/10/2024 Limpopo Top 8 - High Schools

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
103	1:25.06	L	F	Esmarie Terblanche	15	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
104	1:25.15	L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
105	1:25.32	L	F	Abigail Suckling	15	FSE KCD	25/01/2025	uShaka Champs 2025
106*	1:25.40	L	F	Keona Landman	15	AACTA CPT	02/11/2024	CTA A & B CHAMPS 2024
106*	1:25.40	L	P	Kristen Burt	15	PSCP UMD	02/07/2024	Prestige Tournament 2024
108	1:25.48	L	F	Sulize Kruger	15	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming
109	1:25.62	L	P	Tara Saint	15	KLOO ETH	02/07/2024	Prestige Tournament 2024
110	1:25.71	L	P	Miane Kasselmann	15	RBOT BPD	07/12/2024	NWS Championships 2024
111	1:26.06	L	F	Leila Van Zyl	15	RSA	04/10/2024	Curro AquaElite Gala
112	1:26.13	L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
113	1:26.29	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
114	1:26.45	L	F	Oratile Matli	15	ESTR EKU	12/10/2024	EGA Summer 2
115	1:26.50	L S	P	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships
116	1:26.91	L	F	Jesse Kirsten	15	BLOT MAN	10/08/2024	Kovsies Gala 1
117	1:26.93	L	F	Tatum Topliss	15	CA EKU	01/02/2025	EGA Last Chance Gala
118	1:27.31	L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024
119	1:28.51	L	P	Kayla Welgemoed	15	VALS FDD	04/12/2024	Free State Champs 2024
120	1:28.82	L	F	Keone Molapo	15	RFA TSH	13/09/2024	NTS September Age Group 2024
121	1:29.19	L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
122	1:29.20	L	P	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
123	1:29.87	L	F	Alea Du Toit	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
124	1:29.88	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024
125	1:29.98	L	F	Kholofelo Seabi	15	SWIFT EKU	01/02/2025	EGA Last Chance Gala
126	1:29.99	L	F	Mia Crookham	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
127	1:30.37	L	F	Erin Olivier	15	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
128	1:30.41	L S	P	Isabelle Botha	15	PGAC EKU	05/12/2024	EGA Summer Championships
129	1:30.64	L	F	Yvonne Pretorius	15	MSC NGD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
130	1:30.74	L	F	Megan Horn	15	SS MPD	29/11/2024	Limpopo Champs 2024
131	1:31.13	L	F	Keira-Lize Martins	15	H2O EKU	01/02/2025	EGA Last Chance Gala
132	1:31.77	L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
133	1:32.17	L	F	Emma Barnard	15	EVO CPT	09/11/2024	Swartland Prestige Gala 2024
134	1:32.28	L	F	Delise Malenza	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
135	1:32.45	L	F	Klara Groenewald	15	PRA GSD	25/01/2025	uShaka Champs 2025
136	1:32.89	L	F	Zephani Adams	15	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
137	1:33.24	L	F	Simone' Pretorius	15	BETH FDD	25/10/2024	Neptunes Gala
138	1:33.35	L S	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
139	1:33.70	L S	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024	EGA Summer Championships
140	1:33.77	L	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
141	1:33.98	L	P	Ilne Bruwer	15	BLSS MAN	04/12/2024	Free State Champs 2024
142	1:35.49	L	F	Samara Prinsloo	15	STSC KCD	07/12/2024	Stingrays Champs 2024
143	1:35.51	L	F	Macayle Eisen	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
144	1:36.08	L	F	Nicole Senekal	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG
145	1:36.17	L	F	Mia Pienaar	15	BULS MAN	10/08/2024	Kovsies Gala 1
146	1:36.66	L	F	Callen Campbell	15	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
147	1:36.73	L	F	Cala Welgemoed	15	VALS FDD	15/11/2024	Valsrivier Gala 2024
148	1:37.04	L S	P	Atlegang Mogotsi	15	ESTR EKU	05/12/2024	EGA Summer Championships
149	1:37.78	L	F	Kiara Storm	15	USH KCD	25/01/2025	uShaka Champs 2025
150	1:37.92	L	F	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
151*	1:37.93	L	F	Hannah Struwig	15	AQUA UTD	02/11/2024	Uthukela District Age Group Gala
151*	1:37.93	L	F	Jessica Parker	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
153	1:38.14	L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
154	1:38.29	L	F	Mia Koen	15	BULS MAN	11/10/2024	Otters Prestige Gala 2024
155	1:38.71	L	F	Maya McCollum	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
156	1:40.12	L	F	Elizabeth Coetzee	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
157	1:40.56	L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
158	1:41.90	L	F	Elizma Du Plooy	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
159	1:42.46	L	P	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
160	1:44.18	L	F	Lisakhanya Letloloane	15	NGU TSH	13/09/2024	NTS September Age Group 2024
161	1:45.21	L	F	Celia Carpinheiro	15	CA EKU	15/11/2024	Summer 4 Delville

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
162	1:45.46	L	F	Dheeya Patel	15	ELEC TSH	13/09/2024 NTS September Age Group 2024
163	1:45.72	L	F	Khanyolwethu Fokazi	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
164	1:45.86	L	F	Hannah Coert	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
165	1:49.55	L	F	Ilze Olley	15	PHS CCD	08/10/2024 Limpopo Top 8 - High Schools
166	1:52.75	L	F	Simoné Bronkhorst	15	AGAQ OBD	17/10/2024 43rd Freda Barnard Invitational Gala
167	1:54.47	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
168	1:57.36	L	F	Safiya Ismail	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
169	2:11.72	L	F	Arnei Louw	15	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
170	2:12.22	L	F	Jo-Anne van Dyk	15	JAQ EKU	12/10/2024 EGA Summer 2
171	2:19.12	L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024 NWS Age Group 1 & 2 2024
Women 15-15 200 Back							
1	2:17.38	L	F	Katherine Williams	15	MDOL JHB	20/07/2024 Aquatics GB Summer Championships
2	2:21.34	L	F	Bailey Lambert	15	SEAL UMD	28/06/2024 Swim Fort Lauderdale Speedo Summer
3	2:23.15	L	F	Abigail Kotze	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
4	2:25.74	L	F	Lilianne Hebler	15	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
5	2:27.39	L	F	Rouxne Du Plessis	15	TUKS TSH	13/12/2024 NMBA Championships 2024
6	2:29.26	L	F	Ava Newton	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
7	2:30.61	L	F	Amy O'Connor	15	CRSC JHB	29/11/2024 CGA Championships 2024
8	2:33.94	L	F	Kerrigan Hayes	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
9	2:34.95	L	F	Mia Groenewald	15	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
10	2:35.55	L	F	Mikayla Frösler	15	PEAS NMA	13/12/2024 NMBA Championships 2024
11	2:37.61	L	P	Sam Juries	15	TGA WCD	05/12/2024 Western Cape LC-A Championship 2024
12	2:38.41	L	F	Carla Dannhauser	15	TKS WBD	29/11/2024 Limpopo Champs 2024
13	2:38.67	L	F	Madison Higgs	15	INFA NMA	13/12/2024 NMBA Championships 2024
14	2:38.91	L	F	Mi-Ly Vd Merwe	15	LALE CED	09/11/2024 Winelands SL4
15	2:38.98	L	F	Donne Bruyns	15	CSA EZD	29/11/2024 Mpumalanga Championships 2024
16	2:39.32	L	F	Gianna Collard	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
17	2:39.33	L	P	Sophia Trout	15	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
18	2:39.81	L S	F	Marike Raimond	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
19	2:40.30	L	F	Ava Strong	15	PEAS NMA	13/12/2024 NMBA Championships 2024
20	2:40.71	L	F	Annebel Stewart	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
21	2:40.93	L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024 Limpopo Champs 2024
22	2:41.16	L	P	Cara Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
23	2:41.64	L	P	Madison Coleman	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
24	2:42.03	L S	F	Zianè Jantzen	15	QUIC CPT	02/11/2024 CTA A & B CHAMPS 2024
25	2:42.07	L	F	Anja Buitendach	15	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
26*	2:42.08	L	P	Tessa Battheu	15	TUKS TSH	07/12/2024 NWS Championships 2024
26*	2:42.08	L	F	Isabella Bruyns	15	MDOL JHB	29/11/2024 CGA Championships 2024
28	2:42.12	L	F	Kate-Lynn Kruger	15	DESA NMA	31/01/2025 Infinity Gala 2025
29	2:42.28	L S	F	Hannah Burke	15	SLAQ CPT	02/11/2024 CTA A & B CHAMPS 2024
30	2:42.83	L	F	Payton Aitken	15	WSTV ETH	02/07/2024 Prestige Tournament 2024
31	2:43.50	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
32	2:43.57	L	F	Mila De Souza	15	EXP TSH	18/10/2024 NTS Level 3+ October Age Group 2024
33	2:43.92	L	P	Margo Senekal	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
34	2:43.93	L	F	Sylvie de Bruyn	15	BULS MAN	25/10/2024 Neptunes Gala
35	2:43.98	L S	F	Mia Vd Merwe	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
36	2:44.19	L	F	Keilah-Naomi Holthuis	15	QSAW CED	21/09/2024 CTA INVITATIONAL LC MEET
37*	2:44.43	L	F	Lara Janse van Rensburg	15	CSA EZD	10/01/2025 2024 Grand Prix Invitation Swimming
37*	2:44.43	L S	F	Anri Van Der Westhuizen	15	BLOT MAN	04/12/2024 Free State Champs 2024
39	2:44.95	L	F	Shi Han Huang	15	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
40	2:45.24	L S	F	Kate-Lynn de Jager	15	BLOT MAN	04/12/2024 Free State Champs 2024
41	2:45.47	L S	F	Cailleigh De Beer	15	BLOT MAN	04/12/2024 Free State Champs 2024
42	2:45.83	L	F	Evelyn Malan	15	TUKS TSH	13/12/2024 NMBA Championships 2024
43	2:46.50	L	F	Kayla Kleynhans	15	VRC TSH	13/09/2024 NTS September Age Group 2024
44	2:47.29	L	F	Amy-Lee Jones	15	CA EKU	01/02/2025 EGA Last Chance Gala
45	2:47.45	L	F	Abigail Blake	15	GREY CPT	15/06/2024 PEA Winter Gala 2024
46	2:48.18	L	P	Gabriella Baillie	15	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
47	2:48.54	L S	F	Ilanze du Plessis	15	BLSS MAN	04/12/2024 Free State Champs 2024
48	2:48.81	L S	F	Emma Rossouw	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
49	2:49.48	L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
50	2:50.19	L	P	Leila Springer	15	SASE JHB	29/11/2024 CGA Championships 2024
51	2:50.32	L	F	Milla Hulse	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
52	2:50.70	L	F	Addison Doolan	15	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
53	2:51.53	L S	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
54	2:51.83	L	F	Abigail Pieterse	15	INFA NMA	31/01/2025 Infinity Gala 2025
55	2:51.86	L	F	Amy Jackson	15	TCA EKU	05/12/2024 EGA Summer Championships
56	2:52.10	L	F	Jenna Morris	15	VINE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
57	2:52.77	L	P	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
58	2:53.08	L	F	Lara Eckersley	15	AA JHB	29/11/2024 CGA Championships 2024
59	2:53.19	L	F	Emma Hagglund	15	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
60	2:53.54	L	F	Larissa Bouwer	15	DORE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
61	2:54.01	L	F	Jaime Maritz	15	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
62	2:55.64	L	F	Lize-Marie Kruger	15	BLNE MAN	15/06/2024 PEA Winter Gala 2024
63	2:55.71	L	F	Sahana Dayaram	15	DORE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
64	2:56.49	L	F	Zoe Steyn	15	CRSC JHB	09/11/2024 NWS Age Group 1 & 2 2024
65	2:56.58	L	F	Jani Visagie	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
66	2:56.65	L	F	Kay-Lee Mouton	15	TGA WCD	09/11/2024 Swartland Prestige Gala 2024
67	2:56.67	L	F	Lili Annandale	15	BLSS MAN	27/09/2024 Seals Gala 2
68	2:57.11	L	F	Anne Marais	15	TKS WBD	29/11/2024 Limpopo Champs 2024
69	2:57.93	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
70	2:58.05	L S	F	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
71	2:58.15	L	F	Sian Kleynhans	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
72	2:59.06	L	F	Abbigail Kulynych	15	CA EKU	12/10/2024 EGA Summer 2
73	2:59.21	L	F	Rebecca Froneman	15	STSC KCD	25/01/2025 uShaka Champs 2025
74	2:59.92	L	F	Sydni Adams	15	VINE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
75	3:00.07	L	F	Emma-Lee Theron	15	BLSS MAN	27/09/2024 Seals Gala 2
76	3:00.52	L	F	Hannah Du Toit	15	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
77	3:00.85	L	F	Rachel Henley	15	ESTR EKU	01/02/2025 EGA Last Chance Gala
78	3:00.97	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024 CGA Championships 2024
79	3:01.21	L S	F	Leigh Chung Kim Yuen	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024
80	3:01.46	L	F	Ariel De Bruyn	15	CSA EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
81	3:02.26	L	F	Catherine O'Grady	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
82	3:03.19	L	F	Milan Van Heerden	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
83	3:04.05	L	F	Elandri Du Randt	15	BETH FDD	25/10/2024 Neptunes Gala
84	3:04.37	L	F	Deoné Borstlap	15	POTC KKD	09/11/2024 NWS Age Group 1 & 2 2024
85	3:04.92	L S	F	Summer Ascielli	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
86	3:05.40	L	F	Esmarie Terblanche	15	HTSA CPT	21/09/2024 CTA INVITATIONAL LC MEET
87	3:06.17	L	F	Jemma Hendricks	15	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
88	3:06.38	L	F	Kananelo Linake	15	TRAZ TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
89	3:06.55	L	F	Oratile Matli	15	ESTR EKU	05/12/2024 EGA Summer Championships
90	3:06.60	L	F	Tatum Topliss	15	CA EKU	01/02/2025 EGA Last Chance Gala
91	3:06.65	L	F	Inge Vd Walt	15	DDA TSH	13/09/2024 NTS September Age Group 2024
92	3:07.20	L	F	Keira Ellerbeck	15	H2O EKU	18/01/2025 EGA Summer 5
93	3:07.61	L S	F	Kristen Burt	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
94	3:07.89	L	P	Alexah Furman	15	RACE JHB	29/11/2024 CGA Championships 2024
95	3:08.77	L	F	Jesse Kirsten	15	RSA	04/10/2024 Curro AquaElite Gala
96	3:10.32	L	F	Micke Prinsloo	15	HPP BUF	01/02/2025 Limpopo School Champs & Limpopo AG
97	3:10.54	L S	F	Liane' de Wet	15	BLOT MAN	04/12/2024 Free State Champs 2024
98	3:11.13	L	F	Isabelle Botha	15	PGAC EKU	01/02/2025 EGA Last Chance Gala
99	3:11.20	L	F	Jamie Napier	15	ELEC TSH	13/09/2024 NTS September Age Group 2024
100	3:11.34	L	F	Emma Barnard	15	EVO CPT	09/11/2024 Swartland Prestige Gala 2024
101	3:11.71	L S	F	Alea Du Toit	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
102	3:13.25	L	F	Madisson De Bruyn	15	AFIN JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
103	3:15.80	L	F	Riley Koegelenberg	15	LALE CED	17/10/2024 43rd Freda Barnard Invitational Gala
104	3:16.35	L	F	Megan Horn	15	HFDT MP	01/02/2025 Limpopo School Champs & Limpopo AG
105	3:16.68	L S	F	Delise Malenza	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
106	3:17.58	L	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024 EGA Summer Championships
107	3:17.93	L	P	Christé Franck	15	JAQ EKU	05/12/2024 EGA Summer Championships

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
108	3:18.95	L	F	Mia Crookham	15	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
109	3:20.40	L	F	Keira-Lize Martins	15	H2O EKU	18/01/2025	EGA Summer 5
110	3:20.99	L S	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
111	3:22.58	L	F	Zephani Adams	15	WEST CPT	09/11/2024	Swartland Prestige Gala 2024
112	3:24.44	L S	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
113	3:24.46	L	F	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
114	3:29.26	L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
115	3:31.90	L	F	Mia Pienaar	15	BULS MAN	02/11/2024	Heidedal
116	3:32.84	L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
117	3:38.47	L	F	Hannah Coert	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
118	3:39.93	L	F	Johanika Groenewald	15	UNIU EZD	29/11/2024	Mpumalanga Championships 2024
119	3:53.47	L	F	Sofiya Talip	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
Women 15-15 50 Breast								
1	33.48	L	F	Gabriella Van Den Berg	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
2	34.07	L	F	Tyra Penn	15	WATR JHB	31/01/2025	Infinity Gala 2025
3	34.17	L	P	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
4	34.24	L	P	Chanel Veldsman	15	PSCP UMD	15/06/2024	PEA Winter Gala 2024
5	35.11	L	F	Amy Combrink	15	VINE CPT	09/11/2024	Winelands SL4
6	35.68	L	F	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
7	35.87	L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
8	35.94	L	P	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024
9	36.09	L	F	Ava-Loren Van Galen	15	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024
10	36.23	L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
11	36.79	L	F	Ona-Mari Van Niekerk	15	FISH EDD	05/12/2024	Western Cape LC-A Championship 2024
12	36.88	L	F	Amy O'Connor	15	CRSC JHB	29/11/2024	CGA Championships 2024
13	36.95	L	P	Sylvie de Bruyn	15	BULS MAN	04/12/2024	Free State Champs 2024
14	36.98	L	F	Jaime Maritz	15	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
15	37.18	L	F	Caileigh De Beer	15	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
16	37.27	L	F	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
17*	37.38	L	F	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024
17*	37.38	L	F	Elizabeth Viljoen	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
19*	37.52	L	F	Micke Prinsloo	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo AG
19*	37.52	L	F	Danielle Harbron	15	BLOT MAN	04/12/2024	Free State Champs 2024
21	37.57	L	P	Danielle Grobler	15	BLOT MAN	04/12/2024	Free State Champs 2024
22	37.66	L	F	Nicola Carver	15	ELEC TSH	13/09/2024	NTS September Age Group 2024
23*	37.67	L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
23*	37.67	L	F	Kate-Lynn Kruger	15	DESA NMA	31/01/2025	Infinity Gala 2025
25	37.75	L	F	Blake Morris	15	LINR JHB	29/11/2024	CGA Championships 2024
26	37.77	L S	F	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships
27	38.02	L	F	Jaime Roome	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
28	38.06	L	F	Jenna Morris	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
29	38.08	L	F	Payton Aitken	15	WSTV ETH	02/07/2024	Prestige Tournament 2024
30	38.33	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
31	38.39	L	F	Kaylin Fabricius	15	BARR CPT	02/11/2024	CTA A & B CHAMPS 2024
32	38.74	L	F	Jessica Stedall	15	WWOL TSH	18/10/2024	NTS Level 3+ October Age Group 2024
33	38.99	L	F	Sydni Adams	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
34	39.21	L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
35*	39.27	L	F	Jodi Boettger	15	USC BUF	13/12/2024	NMBA Championships 2024
35*	39.27	L	F	Keira-Lize Martins	15	H2O EKU	01/02/2025	EGA Last Chance Gala
37	39.35	L	P	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024
38	39.38	L	F	Ava Newton	15	CASC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
39	39.53	L	P	Ada Barnard	15	SWAR WCD	05/12/2024	Western Cape LC-A Championship 2024
40	39.62	L	F	Bianke Von Schlichting	15	PRA GSD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
41	39.91	L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
42	40.14	L	F	Cailee Adams	15	SEALE ETH	02/07/2024	Prestige Tournament 2024
43	40.20	L	F	Cara Rossouw	15	RSA	04/10/2024	Curro AquaElite Gala
44	40.22	L	F	Leandri Grobler	15	VHD ZLD	02/11/2024	Uthukela District Age Group Gala
45	40.31	L	F	Reese Edwards	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024
46	40.37	L	F	Megan Webster	15	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
47	40.39	L	F	Jessica Davies	15	VIKI BUF	22/11/2024	BCA Long Course Championships 2024
48	40.51	L	F	Kyrah Mack	15	PEAS NMA	31/01/2025	Infinity Gala 2025
49	40.80	L	P	Lili Annandale	15	BLSS MAN	04/12/2024	Free State Champs 2024
50	40.83	L S	F	Abbigail Kulynych	15	CA EKU	05/12/2024	EGA Summer Championships
51*	40.87	L	F	Emily Palmer	15	USC BUF	17/08/2024	Madibaz Swim Meet 2024
51*	40.87	L	F	Anne Marais	15	HSBV SKD	01/02/2025	Limpopo School Champs & Limpopo AG
53	40.94	L	F	Elrike du Plessis	15	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
54	40.95	L	P	Marne' Van Rensburg	15	BLSS MAN	04/12/2024	Free State Champs 2024
55	41.06	L	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024
56	41.20	L	P	Lara Eckersley	15	AA JHB	29/11/2024	CGA Championships 2024
57	41.44	L	F	Stephanie Dannhauser	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo AG
58	41.65	L	F	Mine Prinsloo	15	BLSS MAN	06/09/2024	Bull Sharks Annual Gala
59	41.76	L	F	Sulize Henning	15	HREF BPD	07/12/2024	NWS Championships 2024
60	41.88	L S	F	Katey Nel	15	SOUL EKU	05/12/2024	EGA Summer Championships
61	42.00	L	F	Lethabo Masemola	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
62	42.03	L	F	Emma Brooks	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
63	42.26	L	F	Amy Jackson	15	TCA EKU	12/10/2024	EGA Summer 2
64	42.36	L	F	Megan Van den Heever	15	UNI U EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
65	42.56	L	F	Tamlyn Kew	15	EXP TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
66*	42.65	L	F	Mia Groenewald	15	KTS	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
66*	42.65	L	F	Rozaan Korff	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
68	42.80	L	F	Gabriella Baillie	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
69	42.88	L	F	Shi Han Huang	15	BLMA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
70	42.98	L	F	Deoné Borstlap	15	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024
71	43.14	L	F	Ilze Olley	15	ACAO CCD	29/11/2024	Limpopo Champs 2024
72	43.17	L	F	Imaan Velloo	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
73	43.25	L	P	Sahana Dayaram	15	DORE JHB	29/11/2024	CGA Championships 2024
74	43.56	L	P	Kayla Welgemoed	15	VALS FDD	04/12/2024	Free State Champs 2024
75	43.72	L	F	Hannah Burke	15	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
76	43.81	L	F	Keira Ellerbeck	15	H2O EKU	12/10/2024	EGA Summer 2
77	43.93	L	F	Macayle Eisen	15	UNI EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
78	44.05	L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024	CGA Championships 2024
79	44.17	L	F	Maya McCollum	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
80	44.21	L	F	Talita Wessels	15	UNI U EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
81	44.28	L	F	Mia Pienaar	15	BULS MAN	13/09/2024	Pelicans Age Group Gala
82	44.33	L	F	Jemma Hendricks	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
83	44.73	L S	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024	EGA Summer Championships
84	44.82	L S	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
85	44.97	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024	Free State Champs 2024
86	44.98	L S	P	Rachel Henley	15	ESTR EKU	05/12/2024	EGA Summer Championships
87	45.34	L	F	Nina Wessels	15	UNI U EZD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024
88	45.58	L	P	Larissa Boucher	15	DORE JHB	29/11/2024	CGA Championships 2024
89	45.61	L	P	Sian Kleynhans	15	FISH EDD	15/06/2024	PEA Winter Gala 2024
90	45.62	L	F	Kerrigan Hayes	15	CASC CPT	02/11/2024	CTA A & B CHAMPS 2024
91	45.74	L	F	Abigail Suckling	15	FSE KCD	25/01/2025	uShaka Champs 2025
92	45.90	L	F	Alea Du Toit	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
93	45.98	L	F	Cala Welgemoed	15	VALS FDD	25/10/2024	Neptunes Gala
94	46.04	L	F	Juliana Du Plessis	15	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
95	46.05	L	F	Storme Badenhorst	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
96	46.09	L	F	Riley Koegeleberg	15	LALE CED	09/11/2024	Winelands SL4
97	46.37	L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
98	46.66	L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024	43rd Freda Barnard Invitational Gala
99	46.78	L	F	Rozel Scholtz	15	STELL RMD	07/12/2024	NWS Championships 2024
100	46.87	L	P	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024
101	46.96	L	F	Melandri Vermaak	15	TINC TSH	11/10/2024	NTS Level 1+2 October Age Group 2024
102	47.00	L S	P	Atlegang Mogotsi	15	ESTR EKU	05/12/2024	EGA Summer Championships
103	47.06	L	P	Abigail Pieterse	15	INFA NMA	15/06/2024	PEA Winter Gala 2024
104	47.12	L	F	Carla Dannhauser	15	HPP BUF	01/02/2025	Limpopo School Champs & Limpopo AG
105	47.34	L	F	Kiara Storm	15	USH KCD	09/11/2024	KCDA Age Goup 2 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
106	47.36 L	F	Emmah Myburgh	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
107	47.48 L	F	Karabo Malinga	15	USHAK EKU	12/10/2024	EGA Summer 2
108	47.49 L	F	Mia Crookham	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024
109	47.51 L	F	Oratile Matli	15	ESTR EKU	12/10/2024	EGA Summer 2
110	47.95 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
111	48.05 L	P	Mia Koen	15	BULS MAN	04/12/2024	Free State Champs 2024
112	48.28 L	P	Alexah Furman	15	RACE JHB	29/11/2024	CGA Championships 2024
113	48.37 L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024	CGA Championships 2024
114	48.49 L S	P	Sandisiwe Mkhathshwa	15	MAKO EKU	05/12/2024	EGA Summer Championships
115*	48.54 L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
115*	48.54 L	F	Imke Botha	15	STAR BPD	23/11/2024	NWS Age Group 3 + 4 2024
117	48.70 L	F	Lida Gerber	15	AASC EZD	29/11/2024	Mpumalanga Championships 2024
118	48.78 L	F	Nicole Senekal	15	TKS WBD	29/11/2024	Limpopo Champs 2024
119	48.97 L	F	Hannah Struwig	15	AQUA UTD	02/11/2024	Uthukela District Age Group Gala
120	49.03 L	F	Samara Prinsloo	15	STSC KCD	07/12/2024	Stingrays Champs 2024
121	49.10 L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024	CGA Championships 2024
122	49.25 L	F	Layla Isaacs	15	WALM CPT	02/11/2024	CTA A & B CHAMPS 2024
123	49.40 L	F	Megan Horn	15	HFDT MP	01/02/2025	Limpopo School Champs & Limpopo AG
124	49.76 L	F	Xanri Muller	15	GHSK	05/10/2024	FLAMINGO GALA OCT 2024
125	50.58 L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
126	50.87 L	P	Klara Groenewald	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
127	50.95 L S	P	Bokang Seheri	15	USHAK EKU	05/12/2024	EGA Summer Championships
128	51.14 L	F	Ilne Bruwer	15	BLSS MAN	19/10/2024	Pelicans Gala 2
129	51.35 L	F	Nina Cloete	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
130	51.93 L	F	Zephani Adams	15	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
131	52.03 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
132	52.29 L	F	Chandre Cloete	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
133	52.62 L	F	Callen Campbell	15	MARL CPT	09/11/2024	Swartland Prestige Gala 2024
134	52.96 L	F	Sharne Swanepoel	15	HFDT MP	08/10/2024	Limpopo Top 8 - High Schools
135	53.07 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
136	53.23 L	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024	CTA A & B CHAMPS 2024
137	54.25 L S	P	Celia Carpinteiro	15	CA EKU	05/12/2024	EGA Summer Championships
138	54.26 L	F	Linmari Duvenage	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
139	54.89 L	F	Leila Visser	15	FAAC	19/10/2024	NCASA AGE GROUP 1 KBY 2024
140	55.35 L	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
141	55.55 L	F	Hannah Coert	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
142	56.32 L	F	Safiya Ismail	15	MANT CPT	02/11/2024	CTA A & B CHAMPS 2024
143	56.63 L	F	Emily Noel	15	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
144	57.78 L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
145	57.89 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
146	58.26 L	F	Isabel Landman	15	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
147	1:01.78 L	F	Johanika Groenewald	15	UNIU EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)
148	1:07.17 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024
149	1:08.45 L	F	Simoné Bronkhorst	15	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
150	1:28.05 L	F	Jo-Anne van Dyk	15	JAQ EKU	12/10/2024	EGA Summer 2
Women 15-15 100 Breast							
1	1:12.40 L	F	Chanel Veldsman	15	PSCP UMD	15/06/2024	PEA Winter Gala 2024
2	1:14.39 L	P	Tchisank Banza	15	UNI EZD	29/11/2024	Mpumalanga Championships 2024
3	1:14.66 L	F	Gabriella Van Den Berg	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
4	1:14.79 L	F	Tyra Penn	15	WATR JHB	29/11/2024	CGA Championships 2024
5	1:18.30 L	F	Amy Combrink	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
6	1:18.32 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
7	1:18.68 L	F	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024
8	1:18.94 L	F	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
9	1:19.56 L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
10	1:19.65 L	F	Jaime Maritz	15	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
11	1:21.17 L	F	Kate-Lynn Kruger	15	DESA NMA	16/11/2024	5th A League Gala 2024
12	1:21.18 L	F	Zine Mostert	15	WATR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
13	1:21.39 L	F	Ava-Loren Van Galen	15	STAQ CED	09/11/2024	Winelands SL4

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
14	1:21.66	L	P	Jenna Morris	15	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
15	1:21.81	L	F	Anja Buitendach	15	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
16	1:22.05	L	P	Alexa Basso	15	CA EKU	05/12/2024 EGA Summer Championships
17	1:22.73	L	F	Caileigh De Beer	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
18	1:22.92	L	F	Danielle Grobler	15	BLOT MAN	04/12/2024 Free State Champs 2024
19	1:23.53	L	F	Ona-Mari Van Niekerk	15	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
20	1:23.81	L	F	Danielle Harbron	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
21	1:23.83	L	F	Diane Munro	15	BLSS MAN	04/12/2024 Free State Champs 2024
22	1:24.15	L	F	Jodi Boettger	15	USC BUF	13/12/2024 NMBA Championships 2024
23	1:24.18	L	F	Leila Springer	15	SASE JHB	29/11/2024 CGA Championships 2024
24	1:24.46	L	F	Katherine Williams	15	MDOL JHB	29/09/2024 2024 BE & Wycombe & DSC Club
25	1:24.49	L S	F	Ava Newton	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
26	1:24.66	L	F	Mikayla Frösler	15	PEAS NMA	31/01/2025 Infinity Gala 2025
27	1:24.76	L	F	Micke Prinsloo	15	HPP BUF	01/02/2025 Limpopo School Champs & Limpopo AG
28	1:24.96	L	P	Kaylin Fabricius	15	BARR CPT	05/12/2024 Western Cape LC-A Championship 2024
29	1:25.24	L	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024 Free State Champs 2024
30	1:25.27	L	P	Blake Morris	15	LINR JHB	29/11/2024 CGA Championships 2024
31	1:25.50	L	F	Keira-Lize Martins	15	H2O EKU	05/12/2024 EGA Summer Championships
32	1:25.64	L	F	Eva Dal Cin	15	ELEC FSH	13/09/2024 NTS September Age Group 2024
33	1:26.02	L	F	Whitney Lauf	15	MDOL JHB	29/11/2024 CGA Championships 2024
34	1:26.17	L	F	Bianke Von Schlichting	15	PRA GSD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
35	1:26.56	L	F	Elizabeth Viljoen	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
36	1:26.60	L	F	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
37	1:27.08	L	F	Cailee Adams	15	SEALE ETH	02/07/2024 Prestige Tournament 2024
38	1:27.96	L	F	Ada Barnard	15	SWAR WCD	17/10/2024 43rd Freda Barnard Invitational Gala
39	1:28.61	L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
40	1:28.88	L	F	Sydni Adams	15	VINE CPT	09/11/2024 Swartland Prestige Gala 2024
41	1:28.99	L	F	Jessica Davies	15	VIKI BUF	22/11/2024 BCA Long Course Championships 2024
42	1:29.02	L	F	Jessica Stedall	15	WWOL FSH	18/10/2024 NTS Level 3+ October Age Group 2024
43	1:29.34	L	F	Jaime Roome	15	TUKS FSH	18/10/2024 NTS Level 3+ October Age Group 2024
44	1:29.36	L	F	Lara Eckersley	15	AA JHB	29/11/2024 CGA Championships 2024
45	1:29.44	L	P	Tatum Dace	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
46	1:29.57	L	F	Amy O'Connor	15	CRSC JHB	22/01/2025 Crusaders Night Gala 2
47	1:29.79	L	P	Abbigail Kulynych	15	CA EKU	05/12/2024 EGA Summer Championships
48	1:29.91	L	F	Katey Nel	15	SOUL EKU	05/12/2024 EGA Summer Championships
49	1:30.01	L	F	Megan Webster	15	RFA FSH	18/10/2024 NTS Level 3+ October Age Group 2024
50	1:30.30	L	F	Amy Hartung	15	ASAC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
51	1:30.62	L	P	Zianè Jantzen	15	QUIC CPT	05/12/2024 Western Cape LC-A Championship 2024
52	1:30.74	L	F	Mia Groenewald	15	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
53	1:30.80	L	F	Imaan Velloo	15	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
54	1:30.81	L	F	Kyrah Mack	15	PEAS NMA	31/01/2025 Infinity Gala 2025
55	1:30.86	L	F	Margo Louw	15	QSAW CED	09/11/2024 Winelands SL4
56	1:31.15	L	F	Amy Jackson	15	TCA EKU	12/10/2024 EGA Summer 2
57	1:31.28	L	F	Cara Rossouw	15	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
58	1:32.17	L	P	Lili Annandale	15	BLSS MAN	04/12/2024 Free State Champs 2024
59	1:32.32	L	F	Emma Brooks	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
60	1:32.40	L	P	Gabriella Baillie	15	FISH EDD	05/12/2024 Western Cape LC-A Championship 2024
61	1:32.59	L	F	Almi Geysler	15	LALE CED	21/09/2024 CTA INVITATIONAL LC MEET
62	1:32.71	L	F	Keilah-Naomi Holthuis	15	QSAW CED	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
63	1:32.73	L	F	Ingrid Van Loggerenberg	15	TUKS FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
64	1:32.87	L	F	Kayla Kleynhans	15	VRC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
65	1:33.21	L	P	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
66	1:33.61	L	F	Lethabo Masemola	15	ELEC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
67*	1:33.84	L	F	Annebel Stewart	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
67*	1:33.84	L	F	Liane' de Wet	15	BLOT MAN	04/12/2024 Free State Champs 2024
69	1:33.93	L	P	Elrike du Plessis	15	HREF BPD	07/12/2024 NWS Championships 2024
70	1:34.22	L	F	Sahana Dayaram	15	DORE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
71	1:34.89	L	F	Tamlyn Kew	15	EXP FSH	11/10/2024 NTS Level 1+2 October Age Group 2024
72	1:35.03	L S	F	Storme Badenhorst	15	MANT CPT	02/11/2024 CTA A & B CHAMPS 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
73	1:35.10	L	F	Deoné Borstlap	15	POTC KKD	23/11/2024 NWS Age Group 3 + 4 2024
74	1:35.82	L	F	Rachel Henley	15	ESTR EKU	12/10/2024 EGA Summer 2
75	1:36.53	L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024 EGA Summer Championships
76	1:36.78	L	F	Leandri Grobler	15	VHD ZLD	02/11/2024 Uthukela District Age Group Gala
77	1:36.98	L	F	Talita Wessels	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
78	1:37.00	L	F	Kayla Koen	15	TUKS TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
79	1:37.56	L	P	Christé Franck	15	JAQ EKU	05/12/2024 EGA Summer Championships
80	1:37.63	L	F	Megan Van den Heever	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
81	1:37.70	L S	F	Summer Asciefi	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
82	1:38.03	L	P	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
83	1:38.56	L	F	Larissa Bouwer	15	DORE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
84	1:38.60	L	F	Milan Van Heerden	15	AZON ETH	14/06/2024 AQZ Winter Warmer 2024
85	1:39.18	L	P	Kayla Welgemoed	15	VALS FDD	04/12/2024 Free State Champs 2024
86	1:39.40	L	F	Mia Pienaar	15	BULS MAN	13/09/2024 Pelicans Age Group Gala
87	1:39.80	L	F	Maya McCollum	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
88	1:39.88	L	F	Ilze Olley	15	ACAQ CCD	29/11/2024 Limpopo Champs 2024
89	1:39.95	L	F	Hannah Du Toit	15	ELEC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
90	1:40.06	L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024 Prestige Tournament 2024
91	1:40.25	L	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024 EGA Summer Championships
92	1:40.82	L	F	Marike Raimond	15	TYGE CPT	09/11/2024 Swartland Prestige Gala 2024
93	1:40.86	L	F	Alexah Furman	15	RACE JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
94	1:40.98	L	F	Tara Saint	15	KLOO ETH	14/06/2024 AQZ Winter Warmer 2024
95	1:41.66	L	P	Melandri Vermaak	15	TINC TSH	29/11/2024 CGA Championships 2024
96	1:41.71	L	F	Jesse Kirsten	15	BLOT MAN	06/09/2024 Bull Sharks Annual Gala
97	1:41.77	L	F	Madisson De Bruyn	15	AFIN JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
98	1:42.38	L	F	McKenzie Jones	15	ESTR EKU	26/10/2024 Summer 3 Delville
99*	1:42.48	L	F	Macayle Eisen	15	UNI EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
99*	1:42.48	L	F	Riley Koegelenberg	15	LALE CED	09/11/2024 Winelands SL4
101	1:42.63	L	P	Cala Welgemoed	15	VALS FDD	04/12/2024 Free State Champs 2024
102	1:43.00	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024 Free State Champs 2024
103	1:43.91	L	F	Oratile Matli	15	ESTR EKU	26/10/2024 Summer 3 Delville
104	1:44.67	L	F	Alexandra Sheppard	15	STAR BPD	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
105	1:44.77	L	F	Mia Koen	15	BULS MAN	11/10/2024 Otters Prestige Gala 2024
106	1:44.81	L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025 uShaka Champs 2025
107	1:45.65	L	F	Keanke Nel	15	HPP BUF	08/10/2024 Limpopo Top 8 - High Schools
108	1:46.18	L	F	Atlegang Mogotsi	15	ESTR EKU	26/10/2024 Summer 3 Delville
109	1:46.33	L	F	Nicole Senekal	15	TKS WBD	29/11/2024 Limpopo Champs 2024
110	1:46.39	L	F	Rozel Scholtz	15	STELL RMD	09/11/2024 NWS Age Group 1 & 2 2024
111	1:46.48	L	F	Kiara Storm	15	USH KCD	26/10/2024 Froggies Aquatics Championships 2024
112	1:46.60	L	F	Juliana Du Plessis	15	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
113	1:47.17	L S	F	Layla Isaacs	15	WALM CPT	02/11/2024 CTA A & B CHAMPS 2024
114	1:47.48	L	F	Caitlyn Dukoff - Gordon	15	CA EKU	18/01/2025 EGA Summer 5
115	1:48.24	L	F	Surene Kleingeld	15	CRSC JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
116	1:48.87	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024 CGA Championships 2024
117	1:49.20	L	F	Samara Prinsloo	15	STSC KCD	25/01/2025 uShaka Champs 2025
118	1:49.31	L	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024 EGA Summer Championships
119	1:50.75	L	F	Ilne Bruwer	15	BLSS MAN	11/10/2024 Otters Prestige Gala 2024
120	1:51.45	L	F	Callen Campbell	15	MARL CPT	17/10/2024 43rd Freda Barnard Invitational Gala
121	1:51.98	L S	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
122	1:52.21	L	F	Karabo Malinga	15	USHAK EKU	12/10/2024 EGA Summer 2
123	1:52.53	L	F	Nina Cloete	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
124	1:53.08	L	F	Sofiya Talip	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
125	1:54.81	L	P	Bokang Seheri	15	USHAK EKU	05/12/2024 EGA Summer Championships
126	1:56.99	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
127	1:57.10	L	F	Imke Botha	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
128	1:57.47	L	F	Zephani Adams	15	WEST CPT	09/11/2024 Swartland Prestige Gala 2024
129	1:59.11	L	F	Sharne Swanepoel	15	HFDT MP	08/10/2024 Limpopo Top 8 - High Schools
130	2:00.29	L	F	Isabel Landman	15	NWUC KKD	07/12/2024 NWS Championships 2024
131	2:07.50	L	F	Emily Noel	15	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
132	2:09.02 L	F	Linmari Duvenage	15	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools	
133	2:09.29 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024	
134	2:13.98 L	F	Johanika Groenewald	15	UNIU EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER	
135	2:34.30 L	F	Simoné Bronkhorst	15	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
136	2:42.77 L	F	Aobakwe Molokoane	15	TLAC BPD	09/11/2024	NWS Age Group 1 & 2 2024	
Women 15-15 200 Breast								
1	2:42.13 L	F	Tchisank Banza	15	UNI EZD	10/01/2025	2024 Grand Prix Invitation Swimming	
2	2:43.36 L	F	Tyra Penn	15	WATR JHB	29/11/2024	CGA Championships 2024	
3	2:44.48 L	F	Chanel Veldsman	15	PSCP UMD	15/06/2024	PEA Winter Gala 2024	
4	2:47.91 L S	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024	
5	2:49.23 L S	F	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024	
6	2:50.38 L	F	Kate-Lynn Kruger	15	DESA NMA	13/12/2024	NMBA Championships 2024	
7	2:53.23 L	F	Amy Combrink	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
8	2:54.17 L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024	
9	2:54.54 L	F	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024	
10	2:55.29 L	F	Jaime Maritz	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024	
11	2:56.15 L	F	Jodi Boettger	15	USC BUF	13/12/2024	NMBA Championships 2024	
12	2:56.19 L	F	Ava Newton	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
13	2:57.22 L	F	Anja Buitendach	15	UNI EZD	11/10/2024	MP AGE GROUP 2 (11-12OCT'24)	
14	2:58.12 L	F	Mikayla Frösler	15	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
15	2:58.72 L	F	Alexa Basso	15	CA EKU	05/12/2024	EGA Summer Championships	
16	2:59.09 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024	
17	2:59.28 L	F	Jenna Morris	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024	
18	3:00.34 L S	F	Diane Munro	15	BLSS MAN	04/12/2024	Free State Champs 2024	
19	3:02.27 L	F	Keira-Lize Martins	15	H2O EKU	05/12/2024	EGA Summer Championships	
20	3:04.39 L	F	Ona-Mari Van Niekerk	15	KNYA EDD	15/06/2024	PEA Winter Gala 2024	
21	3:04.88 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024	
22	3:05.18 L	P	Ada Barnard	15	SWAR WCD	05/12/2024	Western Cape LC-A Championship 2024	
23	3:05.91 L S	F	Caileigh De Beer	15	BLOT MAN	04/12/2024	Free State Champs 2024	
24	3:05.95 L	F	Micke Prinsloo	15	TKS WBD	29/11/2024	Limpopo Champs 2024	
25	3:07.10 L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
26	3:07.25 L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
27*	3:07.76 L	F	Eva Dal Cin	15	AA JHB	29/11/2024	CGA Championships 2024	
27*	3:07.76 L S	F	Danielle Harbron	15	BLOT MAN	04/12/2024	Free State Champs 2024	
29	3:07.98 L	P	Amy O'Connor	15	CRSC JHB	29/11/2024	CGA Championships 2024	
30	3:08.16 L S	F	Mine Prinsloo	15	BLSS MAN	04/12/2024	Free State Champs 2024	
31	3:08.66 L	F	Nicola Carver	15	ELEC TSH	13/09/2024	NTS September Age Group 2024	
32	3:10.00 L	P	Cailee Adams	15	SEALE ETH	02/07/2024	Prestige Tournament 2024	
33	3:10.52 L	F	Katey Nel	15	SOUL EKU	05/12/2024	EGA Summer Championships	
34	3:10.57 L	F	Reese Edwards	15	SSISA CPT	02/11/2024	CTA A & B CHAMPS 2024	
35	3:11.44 L	F	Cara Rossouw	15	TYGE CPT	02/11/2024	CTA A & B CHAMPS 2024	
36	3:12.85 L	F	Jessica Davies	15	VIKI BUF	15/06/2024	PEA Winter Gala 2024	
37	3:13.24 L	F	Leah Markgraaff	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
38	3:13.26 L	F	Whitney Lauf	15	MDOL JHB	29/11/2024	CGA Championships 2024	
39	3:13.48 L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
40	3:13.64 L	F	Sydni Adams	15	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024	
41	3:13.80 L	F	Megan Webster	15	RFA TSH	01/02/2025	EGA Last Chance Gala	
42	3:15.13 L	F	Imaan Velloo	15	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET	
43	3:15.58 L	P	Amy Jackson	15	TCA EKU	05/12/2024	EGA Summer Championships	
44	3:18.11 L	F	Almi Geysler	15	LALE CED	21/09/2024	CTA INVITATIONAL LC MEET	
45	3:18.16 L	F	Abbigail Kulynych	15	CA EKU	01/02/2025	EGA Last Chance Gala	
46	3:19.40 L	F	Gabriella Baillie	15	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
47	3:21.66 L	F	Bianke Von Schlichting	15	PRA GSD	01/11/2024	MP AGE GROUP 3 1-2 NOV 2024	
48	3:23.78 L S	F	Kyrah Mack	15	PEAS NMA	17/01/2025	6th A League Gala 2025	
49	3:23.80 L	F	Deoné Borstlap	15	POTC KKD	09/11/2024	NWS Age Group 1 & 2 2024	
50	3:25.26 L S	F	Liane' de Wet	15	BLOT MAN	04/12/2024	Free State Champs 2024	
51*	3:26.38 L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024	EGA Summer Championships	
51*	3:26.38 L	F	Emmah Myburgh	15	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
53	3:26.55 L	P	Rachel Henley	15	ESTR EKU	05/12/2024	EGA Summer Championships	

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
54	3:28.73	L	F	Stephanie Dannhauser	15	TKS WBD	09/11/2024 Limpopo Age Group 5
55	3:29.25	L	F	Tamlyn Kew	15	EXP TSH	01/02/2025 EGA Last Chance Gala
56	3:29.95	L	F	Sian Kleynhans	15	FISH EDD	15/06/2024 PEA Winter Gala 2024
57	3:30.27	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
58	3:30.41	L S	F	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
59	3:32.35	L	F	Inge Vd Walt	15	DDA TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
60	3:33.86	L	F	Storme Badenhorst	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
61	3:34.03	L	P	Christé Franck	15	JAQ EKU	05/12/2024 EGA Summer Championships
62	3:34.90	L	F	Talita Wessels	15	UNIU EZD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
63	3:35.68	L	F	Ilze Olley	15	ACAQ CCD	29/11/2024 Limpopo Champs 2024
64	3:36.67	L	F	Mia Pienaar	15	BULS MAN	13/09/2024 Pelicans Age Group Gala
65	3:37.29	L	F	Megan Van den Heever	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
66	3:39.36	L	F	Leandri Grobler	15	VHD ZLD	11/01/2025 Uthukela District Age Group Gala
67	3:39.72	L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025 uShaka Champs 2025
68	3:40.67	L	F	Alexandra Sheppard	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
69	3:42.88	L	F	Kholofelo Seabi	15	SWIFT EKU	15/11/2024 Summer 4 Delville
70	3:45.56	L	F	Nicole Senekal	15	TKS WBD	12/10/2024 Limpopo Age Group 4
71	3:48.59	L	F	Rozel Scholtz	15	STELL RMD	23/11/2024 NWS Age Group 3 + 4 2024
72	3:50.22	L	F	Atlegang Mogotsi	15	ESTR EKU	01/02/2025 EGA Last Chance Gala
73	3:51.35	L	F	Ilne Bruwer	15	BLSS MAN	27/09/2024 Seals Gala 2
74	3:51.46	L	F	Kiara Storm	15	USH KCD	26/10/2024 Froggies Aquatics Championships 2024
75	3:59.65	L	F	Elandri Du Randt	15	BETH FDD	15/11/2024 Valsrivier Gala 2024
76	4:01.59	L	F	Khanyolwethu Fokazi	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
77	4:01.78	L	F	Imke Botha	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
78	4:02.84	L	F	Lilli-Hanna Black	15	HTSA CPT	02/11/2024 CTA A & B CHAMPS 2024
79	4:09.04	L	F	Nina Cloete	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
80	4:13.81	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
81	4:16.87	L	F	Sofiya Talip	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
82	4:17.79	L	P	Bokang Seheri	15	USHAK EKU	05/12/2024 EGA Summer Championships

Women 15-15 50 Fly

1	28.26	L	F	Abigail Kotze	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
2	29.10	L	F	Katherine Williams	15	MDOL JHB	11/01/2025 County Speed Swimming Championships
3	29.64	L	F	Bailey Lambert	15	SEAL UMD	05/12/2024 Western Cape LC-A Championship 2024
4	29.72	L	P	Leila Yazbek	15	BLNE MAN	04/12/2024 Free State Champs 2024
5	30.13	L	F	Ava-Loren Van Galen	15	STAQ CED	09/11/2024 Winelands SL4
6	30.23	L	F	Shi Han Huang	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
7	30.27	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024 CGA Championships 2024
8	30.30	L	F	Danika Van Zyl	15	FRA KCD	25/01/2025 uShaka Champs 2025
9	30.56	L	P	Chanel Veldsman	15	PSCP UMD	15/06/2024 PEA Winter Gala 2024
10	30.60	L	F	Annebel Stewart	15	RSA	04/10/2024 Curro AquaElite Gala
11	30.65	L	P	Amy O'Connor	15	CRSC JHB	29/11/2024 CGA Championships 2024
12	30.66	L	F	Sophia Trout	15	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
13	30.67	L	F	Payton Aitken	15	WSTV ETH	25/01/2025 uShaka Champs 2025
14	30.74	L	F	Madison Higgs	15	INFA NMA	17/08/2024 Madibaz Swim Meet 2024
15	30.81	L	F	Jaime Maritz	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
16	31.04	L	P	Lilianne Hebler	15	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
17	31.16	L	F	Casey Bruwer	15	AACTA CPT	02/11/2024 CTA A & B CHAMPS 2024
18	31.30	L	F	Zandri Knoetze	15	INFA NMA	13/12/2024 NMBA Championships 2024
19	31.49	L	F	Leah Markgraaff	15	TUKS TSH	05/12/2024 EGA Summer Championships
20	31.62	L	F	Ane Snyders	15	BLSS MAN	04/12/2024 Free State Champs 2024
21	31.65	L	F	Emily Palmer	15	USC BUF	13/12/2024 NMBA Championships 2024
22	31.66	L	F	Sylvie de Bruyn	15	BULS MAN	01/02/2025 Heidedal & Sentraal Galal
23	31.76	L	F	Anja Buitendach	15	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
24	31.81	L	F	Carla Dannhauser	15	HPP BUF	08/10/2024 Limpopo Top 8 - High Schools
25	31.91	L	F	Jamie-Lee Graham	15	AA JHB	29/11/2024 CGA Championships 2024
26	31.94	L	S	Tatum Dace	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
27	32.01	L	P	Amy Combrink	15	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
28	32.10	L	F	Kerrigan Hayes	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
29	32.21	L	F	Danielle Grobler	15	BLOT MAN	04/12/2024 Free State Champs 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
30	32.30	L	F	Stephanie Dannhauser	15	TKS WBD	09/11/2024 Limpopo Age Group 5
31	32.34	L	P	Lize-Marie Kruger	15	BLNE MAN	04/12/2024 Free State Champs 2024
32	32.37	L	P	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
33	32.45	L	F	Tyra Penn	15	WATR JHB	31/01/2025 Infinity Gala 2025
34	32.52	L	P	Kaylin Fabricius	15	BARR CPT	05/12/2024 Western Cape LC-A Championship 2024
35	32.56	L	F	Siobhan Evans	15	CA EKU	12/10/2024 EGA Summer 2
36	32.58	L	F	Kate-Lynn Kruger	15	DESA NMA	31/01/2025 Infinity Gala 2025
37	32.68	L	F	Amy-Lee Jones	15	CA EKU	26/10/2024 Summer 3 Delville
38	32.71	L	P	Blake Morris	15	LINR JHB	29/11/2024 CGA Championships 2024
39	32.76	L	F	Milla Hulse	15	AZON ETH	02/07/2024 Prestige Tournament 2024
40	32.81	L	F	Anne Marais	15	HSBV SKD	01/02/2025 Limpopo School Champs & Limpopo AG
41	32.85	L	P	Cara Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
42	32.90	L	F	Jodi Boettger	15	USC BUF	13/12/2024 NMBA Championships 2024
43	32.92	L	F	Addison Doolan	15	AA JHB	29/11/2024 CGA Championships 2024
44	32.98	L	F	Tessa Battheu	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
45	33.04	L	F	Keona Landman	15	AACTA CPT	02/11/2024 CTA A & B CHAMPS 2024
46	33.07	L	P	Leila Springer	15	SASE JHB	29/11/2024 CGA Championships 2024
47	33.12	L	P	Carle Hager	15	ASAW CED	05/12/2024 Western Cape LC-A Championship 2024
48	33.14	L	P	Hannah Burke	15	SLAQ CPT	05/12/2024 Western Cape LC-A Championship 2024
49	33.16	L	P	Ava Strong	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
50	33.17	L	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
51	33.20	L	P	Jenna Morris	15	VINE CPT	05/12/2024 Western Cape LC-A Championship 2024
52*	33.34	L	P	Madison Coleman	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
52*	33.34	L	F	Jaime Roome	15	TUKS TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
54	33.42	L	P	Tchisank Banza	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
55	33.51	L	P	Lili Annandale	15	BLSS MAN	04/12/2024 Free State Champs 2024
56	33.53	L	F	Caileigh De Beer	15	BLOT MAN	04/12/2024 Free State Champs 2024
57	33.54	L S	F	Esmarie Terblanche	15	HTSA CPT	21/09/2024 CTA INVITATIONAL LC MEET
58*	33.62	L	F	Mia Vd Merwe	15	ASAC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
58*	33.62	L	F	Donne Bruyns	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
60	33.64	L	P	Mikayla Hinkley	15	PER JHB	29/11/2024 CGA Championships 2024
61	33.68	L	P	Abigail Pieterse	15	INFA NMA	15/06/2024 PEA Winter Gala 2024
62	33.74	L	P	Danielle Harbron	15	BLOT MAN	04/12/2024 Free State Champs 2024
63	33.87	L	F	Mikayla Frösler	15	PEAS NMA	31/01/2025 Infinity Gala 2025
64	33.89	L	P	Marike Raimond	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
65	33.94	L	F	Nieke Engelbrecht	15	NC FB	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
66	33.96	L	F	Sulize Henning	15	NWS	25/01/2025 4+1 INTERPROVINCIAL GALA 2025
67	33.99	L	F	Kayla Kleynhans	15	VRC TSH	13/09/2024 NTS September Age Group 2024
68	34.00	L	P	Anri Van Der Westhuizen	15	BLOT MAN	04/12/2024 Free State Champs 2024
69	34.07	L	F	Payton Groger	15	RSA	04/10/2024 Curro AquaElite Gala
70	34.10	L	F	Tara Saint	15	KLOO ETH	02/07/2024 Prestige Tournament 2024
71	34.20	L	F	Liane' de Wet	15	BLOT MAN	04/12/2024 Free State Champs 2024
72	34.22	L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
73	34.23	L	F	Lara Wink	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
74	34.24	L	F	Ariel De Bruyn	15	CSA EZD	29/11/2024 Mpumalanga Championships 2024
75	34.29	L	F	Elrike du Plessis	15	HREF BPD	07/12/2024 NWS Championships 2024
76*	34.43	L	F	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
76*	34.43	L	F	Emma Hagglund	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
78	34.46	L	P	Ona-Mari Van Niekerk	15	KNYA EDD	15/06/2024 PEA Winter Gala 2024
79	34.48	L S	F	Jemma Hendricks	15	CASC CPT	21/09/2024 CTA INVITATIONAL LC MEET
80	34.77	L	F	Abigail Blake	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
81	34.79	L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
82	34.86	L	F	Jessica Stedall	15	WWOL TSH	18/10/2024 NTS Level 3+ October Age Group 2024
83	34.97	L	F	Roslyn Ramoholi	15	RSA	04/10/2024 Curro AquaElite Gala
84	35.03	L	P	Tatum Topliss	15	CA EKU	05/12/2024 EGA Summer Championships
85	35.06	L	P	Kyrah Mack	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
86	35.08	L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024 CGA Championships 2024
87	35.10	L	F	Macayle Eisen	15	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
88	35.23	L	F	Rozaan Korff	15	PHS CCD	01/02/2025 Limpopo School Champs & Limpopo AG

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
89	35.29	L S	F	Sydni Adams	15	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
90	35.51	L	F	Inge Vd Walt	15	DDA TSH	13/09/2024 NTS September Age Group 2024
91	35.59	L	F	Mia Groenewald	15	KTS	05/10/2024 FLAMINGO GALA OCT 2024
92	35.78	L	F	Ava Newton	15	CASC CPT	17/10/2024 43rd Freda Barnard Invitational Gala
93	35.86	L	F	Caitlin Camacho	15	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
94	35.87	L	P	Lara Eckersley	15	AA JHB	29/11/2024 CGA Championships 2024
95*	35.96	L	F	Amy Jackson	15	TCA EKU	12/10/2024 EGA Summer 2
95*	35.96	L	P	Alexa Basso	15	CA EKU	05/12/2024 EGA Summer Championships
97	36.06	L	F	Micke Prinsloo	15	TKS WBD	29/11/2024 Limpopo Champs 2024
98*	36.11	L	F	Gabriella Kirsten	15	QSAW CED	17/10/2024 43rd Freda Barnard Invitational Gala
98*	36.11	L	P	Jesse Kirsten	15	BLOT MAN	04/12/2024 Free State Champs 2024
100	36.31	L	P	Ilanze du Plessis	15	BLSS MAN	04/12/2024 Free State Champs 2024
101	36.37	L	F	Margo Senekal	15	TYGE CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
102	36.59	L	F	Keira-Lize Martins	15	H2O EKU	01/02/2025 EGA Last Chance Gala
103	36.72	L	F	Erin Stead	15	FRA KCD	01/02/2025 KCDA Age Group 4 2024
104	36.82	L	P	Diane Munro	15	BLSS MAN	04/12/2024 Free State Champs 2024
105	36.87	L	F	Storme Badenhorst	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
106	37.00	L	F	Hannah Struwig	15	AQUA UTD	07/12/2024 Uthukela District Age Group Gala
107	37.01	L	F	Jolane Holtzhausen	15	CRSC JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
108	37.18	L	F	Lara Janse van Rensburg	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
109	37.34	L	P	Jessica Davies	15	VIKI BUF	15/06/2024 PEA Winter Gala 2024
110	37.37	L	F	Catherine O'Grady	15	MSC NGD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
111*	37.39	L	F	Oratile Matli	15	ESTR EKU	12/10/2024 EGA Summer 2
111*	37.39	L S	F	Erin Olivier	15	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET
113	37.41	L	F	Kristen Burt	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
114	37.55	L	F	Keilah-Naomi Holthuis	15	QSAW CED	09/11/2024 Swinlands SL4
115	37.82	L	F	Emma Brooks	15	SWAR WCD	09/11/2024 Swartland Prestige Gala 2024
116*	37.89	L	F	Sulize Kruger	15	AA JHB	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
116*	37.89	L	F	Abigail Suckling	15	FSE KCD	25/01/2025 uShaka Champs 2025
118	37.96	L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
119	38.00	L	F	Keira Ellerbeck	15	H2O EKU	18/01/2025 EGA Summer 5
120	38.17	L	F	Jamie Napier	15	ELEC TSH	13/09/2024 NTS September Age Group 2024
121	38.23	L	F	Xanri Muller	15	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
122	38.26	L	F	Deoné Borstlap	15	POTC KKD	07/12/2024 NWS Championships 2024
123	38.32	L	F	Kayla Welgemoed	15	VALS FDD	15/11/2024 Valsrivier Gala 2024
124	38.34	L	F	Megan Webster	15	RFA TSH	18/10/2024 NTS Level 3+ October Age Group 2024
125	38.59	L	F	Rozel Scholtz	15	STELL RMD	07/12/2024 NWS Championships 2024
126	38.81	L	F	Alea Du Toit	15	CYBE CPT	02/11/2024 CTA A & B CHAMPS 2024
127	38.82	L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024 Prestige Tournament 2024
128	38.92	L	F	Rachel Henley	15	ESTR EKU	12/10/2024 EGA Summer 2
129	39.27	L	F	Talita Wessels	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
130	39.32	L	F	Mia Crookham	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
131	39.35	L	F	Zephani Adams	15	WEST CPT	09/11/2024 Swartland Prestige Gala 2024
132	39.47	L	F	Carmen Stapelberg	15	TINC TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
133	39.53	L	P	Izabella Alevras	15	CRSC JHB	29/11/2024 CGA Championships 2024
134	39.86	L	F	Maya McCollum	15	AQDO CPT	02/11/2024 CTA A & B CHAMPS 2024
135	39.92	L	F	Bianke Von Schlichting	15	PRA GSD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
136	40.26	L	F	Kiara Storm	15	USH KCD	09/11/2024 KCDA Age Goup 2 2024
137	40.45	L	F	Imaan Velloo	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
138	40.88	L	F	Delise Malenza	15	CASC CPT	02/11/2024 CTA A & B CHAMPS 2024
139	41.03	L	F	Miane Kasselmann	15	RBOT BPD	07/12/2024 NWS Championships 2024
140	41.11	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024 Free State Champs 2024
141	41.14	L	F	Megan Horn	15	HFDT MP	01/02/2025 Limpopo School Champs & Limpopo AG
142	41.35	L	F	Holly McHugh	15	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
143	41.48	L	F	Nicole Senekal	15	HSBV SKD	08/10/2024 Limpopo Top 8 - High Schools
144	41.56	L	F	Juliana Du Plessis	15	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
145	41.66	L	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024 EGA Summer Championships
146	42.56	L	P	Isabelle Botha	15	PGAC EKU	05/12/2024 EGA Summer Championships
147	42.79	L	F	Chane' Fourie	15	RSA	04/10/2024 Curro AquaElite Gala

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
148	42.88 L	P	Sian Kleynhans	15	FISH EDD	15/06/2024	PEA Winter Gala 2024
149	43.01 L	F	Alexandra Sheppard	15	STAR BPD	07/12/2024	NWS Championships 2024
150	43.03 L	F	Jani Visagie	15	SWAR WCD	09/11/2024	Swartland Prestige Gala 2024
151	43.30 L	F	Callen Campbell	15	MARL CPT	02/11/2024	CTA A & B CHAMPS 2024
152	43.63 L	P	Christé Franck	15	JAQ EKU	05/12/2024	EGA Summer Championships
153	43.77 L	F	Leigh Chung Kim Yuen	15	MANT CPT	09/11/2024	Swartland Prestige Gala 2024
154	43.88 L	F	Mia Koen	15	BULS MAN	09/11/2024	Bull Sharks Gala
155	44.53 L	F	Keone Molapo	15	RFA FSH	13/09/2024	NTS September Age Group 2024
156	45.19 L	F	Emmah Myburgh	15	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
157	45.61 L	F	Alexah Furman	15	RACE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
158	45.64 L	P	Larissa Bouwer	15	DORE JHB	29/11/2024	CGA Championships 2024
159	45.96 L	F	Atlegang Mogotsi	15	ESTR EKU	12/10/2024	EGA Summer 2
160	46.14 L	F	Hannah Myburgh	15	AQDO CPT	02/11/2024	CTA A & B CHAMPS 2024
161	46.22 L	F	Mia Pienaar	15	BULS MAN	02/11/2024	Heidedal
162	47.20 L	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024	EGA Summer Championships
163	47.22 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
164	47.58 L	F	Isabel Landman	15	NWUC KKD	07/12/2024	NWS Championships 2024
165	47.92 L	F	Surene Kleingeld	15	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
166	48.17 L	F	Malakai Jooste	15	CUHE OBD	09/11/2024	Swartland Prestige Gala 2024
167	48.29 L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
168	50.54 L	F	Chloe Venter	15	RBUR BPD	23/11/2024	NWS Age Group 3 + 4 2024
169	50.60 L	F	Simoné Bronkhorst	15	AGAQ OBD	09/11/2024	Swartland Prestige Gala 2024
170	51.81 L	F	Khanyolwethu Fokazi	15	CYBE CPT	02/11/2024	CTA A & B CHAMPS 2024
171	52.05 L	F	Ilze Olley	15	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo AG
172	52.36 L	F	Dheeya Patel	15	ELEC FSH	11/10/2024	NTS Level 1+2 October Age Group 2024
173	55.01 L	F	Celia Carpinteiro	15	CA EKU	26/10/2024	Summer 3 Delville
174	56.25 L	F	Jessica Bennett	15	SAAW CPT	02/11/2024	CTA A & B CHAMPS 2024
175	1:11.56 L	F	Bokang Seheri	15	USHAK EKU	12/10/2024	EGA Summer 2
Women 15-15 100 Fly							
1	1:02.38 L S	F	Abigail Kotze	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	1:04.67 L	F	Katherine Williams	15	MDOL JHB	11/01/2025	County Speed Swimming Championships
3	1:06.11 L	F	Annebel Stewart	15	RSA	04/10/2024	Curro AquaElite Gala
4	1:06.39 L S	F	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024
5	1:07.82 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
6	1:08.67 L	F	Bailey Lambert	15	SEAL UMD	02/07/2024	Prestige Tournament 2024
7	1:08.81 L	F	Danika Van Zyl	15	FRA KCD	25/01/2025	uShaka Champs 2025
8	1:09.28 L	F	Zandri Knoetze	15	INFA NMA	14/09/2024	3rd A League Gala 2024
9	1:09.29 L	F	Leah Markgraaff	15	TUKS FSH	05/12/2024	EGA Summer Championships
10	1:09.93 L S	F	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
11	1:10.21 L	F	Lyla vd Spuy	15	TUKS FSH	05/12/2024	EGA Summer Championships
12	1:10.42 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
13	1:10.87 L	P	Jamie-Lee Graham	15	AA JHB	29/11/2024	CGA Championships 2024
14*	1:11.10 L S	F	Sophia Trout	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
14*	1:11.10 L	F	Anja Buitendach	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
16	1:11.24 L S	F	Lize-Marie Kruger	15	BLNE MAN	04/12/2024	Free State Champs 2024
17	1:11.99 L S	P	Cara Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
18	1:12.05 L	F	Jaime Maritz	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
19	1:12.08 L	F	Jodi Boettger	15	USC BUF	13/12/2024	NMBA Championships 2024
20	1:12.73 L	P	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
21	1:12.92 L	F	Evelyn Malan	15	TUKS FSH	18/10/2024	NTS Level 3+ October Age Group 2024
22	1:13.07 L	F	Carla Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
23	1:13.18 L S	P	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
24	1:13.39 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
25	1:13.87 L	F	Danielle Grobler	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
26	1:14.68 L	F	Ava Strong	15	PEAS NMA	13/12/2024	NMBA Championships 2024
27	1:14.71 L	F	Stacey Smith	15	PAC FSH	13/09/2024	NTS September Age Group 2024
28	1:15.15 L S	P	Zianè Jantzen	15	QUIC CPT	05/12/2024	Western Cape LC-A Championship 2024
29	1:15.23 L S	F	Tessa Battheu	15	TUKS FSH	07/12/2024	NWS Championships 2024
30	1:15.55 L	F	Milan Van Heerden	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
31	1:15.59	L	F	Caileigh De Beer	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
32	1:16.18	L	F	Amy O'Connor	15	CRSC JHB	20/11/2024 Crusaders Night Gala 1
33	1:16.74	L	F	Donne Bruyns	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
34	1:16.80	L	F	Amy Hartung	15	ASAC CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
35	1:17.75	L S	P	Shanna-Leigh Zeelie	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
36	1:18.66	L	F	Mikayla Frösler	15	PEAS NMA	13/12/2024 NMBA Championships 2024
37	1:18.72	L S	F	Emma Hagglund	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
38	1:18.85	L	F	Ariel De Bruyn	15	CSA EZD	29/11/2024 Mpumalanga Championships 2024
39	1:18.88	L	F	Siobhan Evans	15	CA EKU	12/10/2024 EGA Summer 2
40	1:19.19	L	F	Tatum Topliss	15	CA EKU	05/12/2024 EGA Summer Championships
41	1:19.63	L	F	Anne Marais	15	TKS WBD	29/11/2024 Limpopo Champs 2024
42	1:20.12	L S	F	Lili Annandale	15	BLSS MAN	04/12/2024 Free State Champs 2024
43	1:20.17	L S	F	Esmarie Terblanche	15	HTSA CPT	21/09/2024 CTA INVITATIONAL LC MEET
44	1:20.21	L S	F	Sylvie de Bruyn	15	BULS MAN	04/12/2024 Free State Champs 2024
45	1:20.31	L	F	Caitlin Camacho	15	TUKS TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
46	1:20.72	L	F	Marike Raimond	15	TYGE CPT	09/11/2024 Swartland Prestige Gala 2024
47	1:21.30	L S	F	Kaylin Fabricius	15	BARR CPT	02/11/2024 CTA A & B CHAMPS 2024
48	1:21.42	L	F	Simone Cussons	15	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
49	1:21.43	L	F	Tara Saint	15	KLOO ETH	02/07/2024 Prestige Tournament 2024
50	1:21.57	L	F	Madison Coleman	15	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
51	1:21.58	L	F	Tchisank Banza	15	UNI EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER
52	1:21.64	L	P	Keira-Lize Martins	15	H2O EKU	05/12/2024 EGA Summer Championships
53	1:21.76	L S	F	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
54	1:21.85	L	F	Jaime Roome	15	TUKS TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
55	1:21.92	L S	F	Rebecca White	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
56	1:21.99	L	F	Sinead De Wet	15	CRSC JHB	20/11/2024 Crusaders Night Gala 1
57	1:22.11	L	F	Mia Vd Merwe	15	ASAC CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
58	1:22.44	L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
59	1:22.54	L	F	Ava Newton	15	CASC CPT	17/10/2024 43rd Freda Barnard Invitational Gala
60	1:22.64	L	F	Mila De Souza	15	EXP TSH	13/09/2024 NTS September Age Group 2024
61	1:22.97	L S	F	Aliyah De Oliveira	15	TYGE CPT	21/09/2024 CTA INVITATIONAL LC MEET
62	1:23.26	L	F	Gabriella Boerstra	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
63	1:23.66	L	F	Stephanie Dannhauser	15	HPP BUF	01/02/2025 Limpopo School Champs & Limpopo AG
64	1:23.72	L	F	Lara Janse van Rensburg	15	CSA EZD	29/11/2024 Mpumalanga Championships 2024
65	1:23.83	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024 CGA Championships 2024
66	1:24.09	L S	F	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
67	1:25.50	L	P	Abigail Blake	15	GREY CPT	15/06/2024 PEA Winter Gala 2024
68*	1:25.85	L	F	Rozaan Korff	15	PHS CCD	08/10/2024 Limpopo Top 8 - High Schools
68*	1:25.85	L	F	Hannah Burke	15	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
70	1:26.17	L	F	Elrike du Plessis	15	HREF BP	23/11/2024 NWS Age Group 3 + 4 2024
71	1:27.62	L	F	Kganya Mashigo	15	PAC TSH	13/09/2024 NTS September Age Group 2024
72	1:28.13	L S	F	Erin Olivier	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
73	1:28.56	L	F	Hannah Struwig	15	AQUA UTD	11/01/2025 Uthukela District Age Group Gala
74	1:28.89	L	F	Mia Groenewald	15	KTS	19/10/2024 NCASA AGE GROUP 1 KATHU 2024
75	1:30.23	L S	F	Deoné Borstlap	15	POTC KKD	07/12/2024 NWS Championships 2024
76	1:30.29	L	F	Oratile Matli	15	ESTR EKU	12/10/2024 EGA Summer 2
77	1:31.23	L	F	Keira Ellerbeck	15	H2O EKU	15/11/2024 Summer 4 Delville
78	1:32.66	L S	F	Maya McCollum	15	AQDO CPT	02/11/2024 CTA A & B CHAMPS 2024
79	1:32.98	L	F	Xanri Muller	15	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
80	1:34.92	L	F	Kananelo Linake	15	TRAZ TSH	13/09/2024 NTS September Age Group 2024
81	1:35.13	L	F	Imaan Velloo	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
82	1:36.07	L	F	Bohlale Khahledi	15	BARR CPT	09/11/2024 Swartland Prestige Gala 2024
83	1:37.25	L	F	Kayla Koen	15	TUKS TSH	25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan
84	1:41.62	L S	F	Callen Campbell	15	MARL CPT	02/11/2024 CTA A & B CHAMPS 2024
85	1:41.81	L	F	Nicole Senekal	15	HSBV SKD	08/10/2024 Limpopo Top 8 - High Schools
86	1:44.67	L	F	Elizma Du Plooy	15	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
87	1:46.14	L	F	Megan Horn	15	HFDT MP	08/10/2024 Limpopo Top 8 - High Schools
88	1:50.09	L	F	Nieke Engelbrecht	15	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
89	1:52.18	L	F	Kholofelo Seabi	15	SWIFT EKU	15/11/2024 Summer 4 Delville

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
90	1:52.92 L	F	Tuhina Asharam	15	LEGC ETH	25/01/2025	uShaka Champs 2025
91	1:55.41 L	F	Keanke Nel	15	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
92	2:01.75 L	F	Isabel Landman	15	NWUC KKD	09/11/2024	NWS Age Group 1 & 2 2024
Women 15-15 200 Fly							
1	2:20.85 L	F	Abigail Kotze	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
2	2:26.90 L	F	Katherine Williams	15	MDOL JHB	05/05/2024	SESE LC Champs 2024
3	2:36.18 L	F	Madison Higgs	15	INFA NMA	13/12/2024	NMBA Championships 2024
4	2:41.69 L	F	Zandri Knoetze	15	INFA NMA	10/01/2025	2024 Grand Prix Invitation Swimming
5	2:45.28 L S	F	Danika Van Zyl	15	FRA KCD	02/07/2024	Prestige Tournament 2024
6	2:46.00 L	F	Leila Yazbek	15	BLNE MAN	25/10/2024	Neptunes Gala
7	2:46.22 L	F	Lyla vd Spuy	15	TUKS TSH	05/12/2024	EGA Summer Championships
8	2:46.26 L	F	Lize-Marie Kruger	15	BLNE MAN	15/06/2024	PEA Winter Gala 2024
9	2:49.32 L	F	Leah Markgraaff	15	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
10	2:51.56 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
11	2:53.16 L	F	Amy Hartung	15	ASAC CPT	05/12/2024	Western Cape LC-A Championship 2024
12	2:59.15 L	F	Kerrigan Hayes	15	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
13	3:06.53 L	F	Hannah Burke	15	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
14	3:07.37 L	F	Milan Van Heerden	15	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
15	3:35.20 L	F	Maya McCollum	15	AQDO CPT	17/10/2024	43rd Freda Barnard Invitational Gala
16	4:09.26 L	F	Bohlale Khahledi	15	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 15-15 200 IM							
1	2:24.02 L	F	Bailey Lambert	15	SEAL UMD	28/06/2024	Swim Fort Lauderdale Speedo Summer
2	2:24.22 L	F	Katherine Williams	15	MDOL JHB	05/05/2024	SESE LC Champs 2024
3	2:31.50 L	F	Tyra Penn	15	WATR JHB	29/11/2024	CGA Championships 2024
4	2:31.68 L	F	Leila Yazbek	15	BLNE MAN	04/12/2024	Free State Champs 2024
5	2:33.19 L	F	Ane Snyders	15	BLSS MAN	04/12/2024	Free State Champs 2024
6	2:33.56 L	F	Lilianne Hebler	15	QSAW CED	05/12/2024	Western Cape LC-A Championship 2024
7	2:34.27 L	F	Abigail Kotze	15	RSA	04/10/2024	Curro AquaElite Gala
8	2:35.34 L	F	Anja Buitendach	15	NHS EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
9	2:35.94 L	F	Leah Markgraaff	15	RSA	04/10/2024	Curro AquaElite Gala
10	2:36.35 L	F	Chanel Veldsman	15	PSCP UMD	15/06/2024	PEA Winter Gala 2024
11	2:37.05 L	F	Annebel Stewart	15	AZON ETH	02/07/2024	Prestige Tournament 2024
12	2:37.43 L	F	Tchisank Banza	15	UNI EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
13	2:37.58 L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024	CGA Championships 2024
14	2:37.72 L	F	Mikayla Frösler	15	PEAS NMA	13/12/2024	NMBA Championships 2024
15	2:37.89 L	F	Ava Newton	15	CASC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
16	2:39.01 L	F	Leila Springer	15	SASE JHB	29/11/2024	CGA Championships 2024
17	2:39.05 L	F	Lize-Marie Kruger	15	BLNE MAN	13/12/2024	NMBA Championships 2024
18	2:39.22 L	F	Kate-Lynn Kruger	15	DESA NMA	31/01/2025	Infinity Gala 2025
19	2:39.63 L	P	Amy Combrink	15	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
20	2:40.09 L	F	Zandri Knoetze	15	INFA NMA	31/01/2025	Infinity Gala 2025
21	2:40.89 L	F	Jodi Boettger	15	USC BUF	13/12/2024	NMBA Championships 2024
22	2:40.90 L	P	Madison Coleman	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
23	2:40.92 L	F	Stephanie Dannhauser	15	TKS WBD	29/11/2024	Limpopo Champs 2024
24	2:41.18 L	F	Amy O'Connor	15	CRSC JHB	10/01/2025	2024 Grand Prix Invitation Swimming
25	2:41.90 L	F	Donne Bruyns	15	CSA EZD	29/11/2024	Mpumalanga Championships 2024
26	2:42.15 L	F	Jaime Maritz	15	CUR EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS 25
27	2:43.01 L	P	Shi Han Huang	15	BLMA CPT	05/12/2024	Western Cape LC-A Championship 2024
28	2:43.04 L	F	Madison Higgs	15	INFA NMA	14/09/2024	3rd A League Gala 2024
29	2:43.15 L	F	Caileigh De Beer	15	RSA	04/10/2024	Curro AquaElite Gala
30	2:43.38 L	F	Tatum Dace	15	PEAS NMA	15/06/2024	PEA Winter Gala 2024
31	2:43.79 L	P	Cara Rossouw	15	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
32	2:44.06 L	P	Danielle Grobler	15	BLOT MAN	04/12/2024	Free State Champs 2024
33	2:44.16 L	F	Emily Palmer	15	USC BUF	22/11/2024	BCA Long Course Championships 2024
34	2:44.41 L	P	Zianè Jantzen	15	QUIC CPT	05/12/2024	Western Cape LC-A Championship 2024
35	2:44.65 L	F	Ava Strong	15	PEAS NMA	13/12/2024	NMBA Championships 2024
36	2:44.92 L	F	Sylvie de Bruyn	15	BULS MAN	31/08/2024	Seals Gala
37	2:45.05 L	F	Danielle Harbron	15	BLOT MAN	11/10/2024	Otters Prestige Gala 2024

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
38	2:45.26	L	P	Ava-Loren Van Galen	15	STAQ CED	05/12/2024 Western Cape LC-A Championship 2024
39	2:45.34	L	P	Aliyah De Oliveira	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
40	2:45.71	L	P	Kerrigan Hayes	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
41*	2:45.81	L	P	Marike Raimond	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
41*	2:45.81	L	F	Mia Groenewald	15	KTS	05/10/2024 FLAMINGO GALA OCT 2024
43	2:45.87	L	P	Keilah-Naomi Holthuis	15	QSAW CED	05/12/2024 Western Cape LC-A Championship 2024
44	2:46.51	L	F	Kate-Lynn de Jager	15	BLOT MAN	11/10/2024 Otters Prestige Gala 2024
45	2:46.92	L	P	Eva Dal Cin	15	AA JHB	29/11/2024 CGA Championships 2024
46	2:46.94	L	F	Casey Bruwer	15	AACTA CPT	02/11/2024 CTA A & B CHAMPS 2024
47	2:48.19	L	P	Alexa Basso	15	CA EKU	05/12/2024 EGA Summer Championships
48	2:48.37	L	P	Margo Senekal	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
49	2:48.96	L	F	Mia Vd Merwe	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
50	2:49.13	L	F	Kaylin Fabricius	15	BARR CPT	09/11/2024 Swartland Prestige Gala 2024
51	2:49.33	L	F	Mi-Ly Vd Merwe	15	LALE CED	09/11/2024 Winelands SL4
52	2:49.51	L	F	Jamie-Lee Graham	15	AA JHB	29/11/2024 CGA Championships 2024
53	2:49.64	L	F	Mila De Souza	15	EXP TSH	13/09/2024 NTS September Age Group 2024
54	2:49.71	L	F	Hannah Burke	15	SLAQ CPT	17/10/2024 43rd Freda Barnard Invitational Gala
55	2:49.75	L	P	Gabriella Boerstra	15	TUKS TSH	05/12/2024 EGA Summer Championships
56	2:50.01	L	F	MacKenzie Bone	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
57	2:50.22	L	F	Kayla Kleynhans	15	VRC TSH	13/12/2024 NMBA Championships 2024
58	2:50.38	L	F	Gianna Collard	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
59	2:50.88	L	F	Ona-Mari Van Niekerk	15	FISH EDD	17/10/2024 43rd Freda Barnard Invitational Gala
60	2:51.38	L	P	Lili Annandale	15	BLSS MAN	04/12/2024 Free State Champs 2024
61	2:51.56	L	F	Evelyn Malan	15	TUKS TSH	18/10/2024 NTS Level 3+ October Age Group 2024
62	2:51.62	L	P	Emma Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
63	2:51.63	L	F	Rebecca White	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
64	2:52.40	L	F	Danika Van Zyl	15	FRA KCD	09/11/2024 KCDA Age Goup 2 2024
65	2:52.77	L	F	Shanna-Leigh Zeelie	15	BLMA CPT	17/10/2024 43rd Freda Barnard Invitational Gala
66	2:52.95	L	F	Rozaan Korff	15	PHS CCD	01/02/2025 Limpopo School Champs & Limpopo AG
67	2:53.34	L S	F	Sydni Adams	15	VINE CPT	21/09/2024 CTA INVITATIONAL LC MEET
68	2:53.52	L	F	Amy Hartung	15	ASAC CPT	02/11/2024 CTA A & B CHAMPS 2024
69	2:53.82	L	P	Ada Barnard	15	SWAR WCD	05/12/2024 Western Cape LC-A Championship 2024
70*	2:53.86	L S	F	Sam Juries	15	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
70*	2:53.86	L	P	Mine Prinsloo	15	BLSS MAN	04/12/2024 Free State Champs 2024
72	2:53.90	L	P	Marne' Van Rensburg	15	BLSS MAN	04/12/2024 Free State Champs 2024
73	2:54.32	L	F	Amy Jackson	15	TCA EKU	05/12/2024 EGA Summer Championships
74	2:54.41	L	F	Nicola Carver	15	ELEC TSH	18/10/2024 NTS Level 3+ October Age Group 2024
75	2:54.79	L	F	Anne Marais	15	TKS WBD	29/11/2024 Limpopo Champs 2024
76	2:54.80	L	F	Abigail Pieterse	15	INFA NMA	31/01/2025 Infinity Gala 2025
77	2:55.38	L	P	Anja Volschenk	15	BLSS MAN	04/12/2024 Free State Champs 2024
78	2:55.79	L	P	Isabella Bruyns	15	MDOL JHB	29/11/2024 CGA Championships 2024
79	2:56.77	L	F	Sian Kleynhans	15	EDA ED	11/01/2025 EDEN INTER DISTRICT PRESTIGE
80	2:56.97	L	F	Emma Hagglund	15	SSISA CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
81	2:57.17	L	F	Yvonne Pretorius	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
82	2:57.25	L	P	Milla Hulse	15	AZON ETH	02/07/2024 Prestige Tournament 2024
83	2:57.74	L	F	Ilanze du Plessis	15	BLSS MAN	19/10/2024 Pelicans Gala 2
84	2:58.12	L	F	Micke Prinsloo	15	TKS WBD	29/11/2024 Limpopo Champs 2024
85	2:58.22	L	P	Addison Doolan	15	AA JHB	29/11/2024 CGA Championships 2024
86	2:58.52	L	P	Mikayla Hinkley	15	PER JHB	29/11/2024 CGA Championships 2024
87	2:58.66	L	F	Simone Cussons	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
88	2:58.67	L	F	Diane Munro	15	BLSS MAN	04/12/2024 Free State Champs 2024
89	2:58.74	L	P	Elrike du Plessis	15	HREF BPD	07/12/2024 NWS Championships 2024
90	3:00.68	L	P	Keira-Lize Martins	15	H2O EKU	05/12/2024 EGA Summer Championships
91	3:01.34	L	F	Sulize Henning	15	HREF BPD	07/12/2024 NWS Championships 2024
92	3:01.59	L	P	Emma-Lee Theron	15	BLSS MAN	04/12/2024 Free State Champs 2024
93	3:01.99	L	F	Reese Edwards	15	SSISA CPT	02/11/2024 CTA A & B CHAMPS 2024
94	3:02.03	L	F	Ingrid Van Loggerenberg	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
95	3:02.58	L	F	Deoné Borstlap	15	POTC KKD	07/12/2024 NWS Championships 2024
96	3:04.03	L	F	Ariel De Bruyn	15	CSA EZD	14/09/2024 MP SPRINT GALA 14 SEPTEMBER

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
97	3:04.30	L	F	Lara Wink	15	VINE CPT	02/11/2024 CTA A & B CHAMPS 2024
98	3:04.36	L	F	Rachel Henley	15	ESTR EKU	01/02/2025 EGA Last Chance Gala
99	3:05.07	L	F	Rebecca Froneman	15	STSC KCD	25/01/2025 uShaka Champs 2025
100	3:05.58	L	F	Kyrah Mack	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
101	3:06.23	L	F	Catherine O'Grady	15	MHS NGD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
102*	3:06.26	L	F	Storme Badenhorst	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
102*	3:06.26	L	F	Inge Vd Walt	15	DDA TSH	13/09/2024 NTS September Age Group 2024
104	3:06.31	L	P	Keira Ellerbeck	15	H2O EKU	05/12/2024 EGA Summer Championships
105	3:06.55	L S	F	Imaan Velloo	15	MANT CPT	21/09/2024 CTA INVITATIONAL LC MEET
106	3:06.62	L	P	Sahana Dayaram	15	DORE JHB	29/11/2024 CGA Championships 2024
107	3:06.85	L	F	Lara Janse van Rensburg	15	NHS EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
108	3:07.59	L	F	Jessica Davies	15	VIKI BUF	22/11/2024 BCA Long Course Championships 2024
109	3:07.78	L	F	Siobhan Evans	15	CA EKU	18/01/2025 EGA Summer 5
110	3:07.80	L	F	Macayle Eisen	15	UNI EZD	29/11/2024 Mpumalanga Championships 2024
111	3:07.98	L	P	Izabella Alevras	15	CRSC JHB	29/11/2024 CGA Championships 2024
112	3:08.65	L	F	Jesse Kirsten	15	RSA	04/10/2024 Curro AquaElite Gala
113	3:09.02	L	P	Cailee Adams	15	SEALE ETH	02/07/2024 Prestige Tournament 2024
114	3:09.35	L	F	Anri Van Der Westhuizen	15	BLOT MAN	02/11/2024 Heidedal
115	3:09.78	L	P	Jolane Holtzhausen	15	CRSC JHB	29/11/2024 CGA Championships 2024
116	3:10.20	L	F	Kristen Burt	15	PSCP UMD	02/07/2024 Prestige Tournament 2024
117	3:10.24	L	F	Hannah Du Toit	15	ELEC TSH	13/09/2024 NTS September Age Group 2024
118	3:10.52	L	P	Oratile Matli	15	ESTR EKU	05/12/2024 EGA Summer Championships
119	3:11.12	L	P	Simone Van Wyk	15	SEAL UMD	02/07/2024 Prestige Tournament 2024
120	3:11.40	L S	F	Kay-Lee Mouton	15	TGA WCD	21/09/2024 CTA INVITATIONAL LC MEET
121	3:11.45	L	F	Isabelle Botha	15	PGAC EKU	18/01/2025 EGA Summer 5
122	3:11.61	L	F	Gabriela Dimitrova	15	TUKS TSH	13/09/2024 NTS September Age Group 2024
123	3:11.81	L	F	Maya McCollum	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
124	3:12.82	L	P	Christé Franck	15	JAQ EKU	05/12/2024 EGA Summer Championships
125	3:13.11	L	F	Kananelo Linake	15	TRAZ TSH	13/09/2024 NTS September Age Group 2024
126	3:13.22	L	F	Eva-Bella Bonomi	15	TRAZ TSH	11/10/2024 NTS Level 1+2 October Age Group 2024
127	3:14.24	L	F	Bianke Von Schlichting	15	PRA GSD	11/10/2024 MP AGE GROUP 2 (11-12OCT'24)
128	3:14.67	L	F	Megan Van den Heever	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
129	3:14.85	L	F	Xanri Muller	15	GHSK	05/10/2024 FLAMINGO GALA OCT 2024
130	3:15.73	L	F	Mia Crookham	15	TYGE CPT	02/11/2024 CTA A & B CHAMPS 2024
131	3:16.28	L	F	Nicole Senekal	15	TKS WBD	29/11/2024 Limpopo Champs 2024
132	3:16.71	L	F	Sinead De Wet	15	CRSC JHB	22/01/2025 Crusaders Night Gala 2
133	3:16.74	L	F	Simone' Pretorius	15	BETH FDD	25/10/2024 Neptunes Gala
134	3:16.97	L	F	Katey Nel	15	SOUL EKU	18/01/2025 EGA Summer 5
135	3:17.81	L	P	Kholofelo Seabi	15	SWIFT EKU	05/12/2024 EGA Summer Championships
136	3:18.15	L	F	Talita Wessels	15	UNIU EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
137	3:18.34	L	P	Alexah Furman	15	RACE JHB	29/11/2024 CGA Championships 2024
138	3:19.09	L	F	Erin Stead	15	FRA KCD	25/01/2025 uShaka Champs 2025
139	3:19.44	L	P	Elandri Du Randt	15	BETH FDD	04/12/2024 Free State Champs 2024
140	3:19.57	L	F	Alexandra Sheppard	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
141	3:20.25	L	F	Hannah Struwig	15	AQUA UTD	02/11/2024 Uthukela District Age Group Gala
142	3:21.44	L	F	Riley Koegelenberg	15	LALE CED	09/11/2024 Winelands SL4
143	3:22.48	L	F	Klara Groenewald	15	PRA GSD	25/01/2025 uShaka Champs 2025
144	3:23.11	L	F	Samara Prinsloo	15	STSC KCD	25/01/2025 uShaka Champs 2025
145	3:23.84	L	F	Megan Horn	15	HFDT MP	08/10/2024 Limpopo Top 8 - High Schools
146	3:24.86	L	F	Rozel Scholtz	15	STELL RMD	09/11/2024 NWS Age Group 1 & 2 2024
147	3:26.28	L	P	Surene Kleingeld	15	CRSC JHB	29/11/2024 CGA Championships 2024
148	3:26.60	L	F	Chane' Fourie	15	TRALI MAN	28/06/2024 Sentraal Winter Gala
149	3:28.07	L	F	Holly McHugh	15	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
150	3:29.76	L	F	Mia Koen	15	BULS MAN	06/09/2024 Bull Sharks Annual Gala
151	3:31.99	L	P	Ilne Bruwer	15	BLSS MAN	04/12/2024 Free State Champs 2024
152	3:32.07	L	F	Juliana Du Plessis	15	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
153	3:32.48	L	F	Mia Pienaar	15	BULS MAN	24/08/2024 Kovsie Gala 2
154	3:32.71	L S	F	Callen Campbell	15	MARL CPT	21/09/2024 CTA INVITATIONAL LC MEET
155	3:34.65	L	F	Atlegang Mogotsi	15	ESTR EKU	26/10/2024 Summer 3 Delville

Individual Top Times

Times since: 01-May-24

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
156	3:34.94	L	P	Sandisiwe Mkhathswa	15	MAKO EKU	05/12/2024 EGA Summer Championships
157	3:36.59	L	F	Bohlale Khahledi	15	BARR CPT	09/11/2024 Swartland Prestige Gala 2024
158	3:39.95	L	F	Kiara Storm	15	USH KCD	28/09/2024 KCDA Age Group 1 2024
159	3:41.71	L	F	Mia Lea Osbourne	15	UPC EZD	25/10/2024 MP TOP SCHOOLS HIGH SCHOOLS 25
160	3:43.86	L	F	Ilze Olley	15	ACAA CCD	29/11/2024 Limpopo Champs 2024
161	3:45.18	L	F	Abigail Suckling	15	FSE KCD	28/09/2024 KCDA Age Group 1 2024
162	3:45.70	L	F	Jessica Bennett	15	SAAW CPT	02/11/2024 CTA A & B CHAMPS 2024
163	3:50.68	L	F	Sofiya Talip	15	MANT CPT	09/11/2024 Swartland Prestige Gala 2024
164	3:50.81	L	F	Celia Carpinteiro	15	CA EKU	18/01/2025 EGA Summer 5
165	3:51.06	L	F	Imke Botha	15	STAR BPD	23/11/2024 NWS Age Group 3 + 4 2024
166	3:54.21	L	F	Leandri Grobler	15	VHD ZLD	02/11/2024 Uthukela District Age Group Gala
167	3:59.10	L	F	Hannah Myburgh	15	AQDO CPT	17/10/2024 43rd Freda Barnard Invitational Gala
168	4:03.31	L	F	Johanika Groenewald	15	UNI U EZD	29/11/2024 Mpumalanga Championships 2024
169	4:23.56	L	F	Simoné Bronkhorst	15	AGAA QBD	17/10/2024 43rd Freda Barnard Invitational Gala
Women 15-15 400 IM							
1	5:09.30	L	F	Katherine Williams	15	MDOL JHB	05/05/2024 SESE LC Champs 2024
2	5:34.88	L	F	Anja Buitendach	15	UNI EZD	01/11/2024 MP AGE GROUP 3 1-2 NOV 2024
3	5:37.57	L	F	Ava Newton	15	CASC CPT	05/12/2024 Western Cape LC-A Championship 2024
4	5:42.21	L	F	Emma Pinheiro	15	CRSC JHB	29/11/2024 CGA Championships 2024
5	5:45.93	L	F	Cara Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
6	5:47.86	L	F	Amy Hartung	15	ASAC CPT	07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
7	5:48.20	L	F	Mikayla Frösler	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
8	5:49.27	L	F	Madison Coleman	15	BLMA CPT	05/12/2024 Western Cape LC-A Championship 2024
9	5:55.16	L	F	Tatum Dace	15	PEAS NMA	15/06/2024 PEA Winter Gala 2024
10	5:56.15	L	F	Emma Rossouw	15	TYGE CPT	05/12/2024 Western Cape LC-A Championship 2024
11	5:56.60	L	F	Ava Strong	15	PEAS NMA	03/08/2024 2nd A League Gala 2024
12	5:59.28	L	F	Kayla Kleynhans	15	VRC FSH	18/10/2024 NTS Level 3+ October Age Group 2024
13	6:08.54	L	F	Aliyah De Oliveira	15	TYGE CPT	05/10/2024 CTA Qualifying Meet 5 - (L2 & above)
14	6:13.07	L	F	Rozaan Korff	15	ACAA CCD	29/11/2024 Limpopo Champs 2024
15	6:14.56	L	F	Lili Annandale	15	BLSS MAN	15/11/2024 Valsrivier Gala 2024
16	6:28.16	L	F	Keira-Lize Martins	15	H2O EKU	05/12/2024 EGA Summer Championships
17	6:29.84	L	F	Keira Ellerbeck	15	H2O EKU	05/12/2024 EGA Summer Championships
18	7:18.38	L	F	Erin Olivier	15	ASAC CPT	21/09/2024 CTA INVITATIONAL LC MEET